

REGISTRATION
DECEMBER 9 - JANUARY 6

Winter-Spring '25

I LOVE
YOU
GUYS!




SEASPAR
SPECIAL RECREATION ASSOCIATION

SEASPAR

WHERE EVERY HERO HAS A STORY,
AND YOU ARE THE STAR



CORE VALUES

Fun • Friendships
Caring • Trust
Accountability

VISION

Discover Abilities
Achieve Potential
Realize Dreams

MISSION

Enrich lives through
recreation

REGISTRATION: DECEMBER 9 - JANUARY 6

SEASON DATES: FEBRUARY 3 - APRIL 27

GENERAL INFORMATION

Association Members and Representatives	2
Contact Information	5
Donors & Sponsors	9-10
Fee Assistance Program	3
Program Benefits	4
Program Locations	6
Program Policies	41-42
Registration Form	44-45
Registration Information	3-4
Staff Appreciation	7-8
Transportation	6

PROGRAMMING

 Athletics	33-35
 Children & Young Teens	17-19
Youth Programs	17
Youth Special Events	18-19
Youth Family Events	19
 Multi-Sensory	15-16
 Music Lessons	12
 Programs for Everyone	11
 Special Programs	39-40
Aktion Club	40
EAGLES Adult Day Program	39
Inclusion Services	40
S.O.A.R. Program	39
 Swim Lessons	13
 Teens & Young Adults	20
Teens & Young Adults: Programs	20
Teens & Young Adults: Special Events	20
 Teens & Adults	22-32
Teens & Adults: Programs	22-26
Teens & Adults: Special Events	27-32
 Virtual Programs & Events	37-38

**ASSOCIATION MEMBERS
& REPRESENTATIVES**

The South East Association for Special Parks And Recreation (SEASPAR) provides dynamic recreation programs and quality services for individuals with disabilities in the communities of Brookfield, Clarendon Hills, Darien, Downers Grove, Indian Head Park, La Grange, La Grange Park, Lemont, Lisle, Western Springs, Westmont, Willowbrook, and Woodridge.

SEASPAR is composed of 13 associated members, which are represented by the following individuals:

Downers Grove Park District 2245 Warrenville Road, Downers Grove	Bill McAdam President
Lemont Park District 16028 127th Street, Lemont	Louise Egofske Vice President
Lisle Park District 1925 Ohio Street, Lisle	Dan Garvy Secretary
Darien Park District 7301 Fairview Avenue, Darien	Stephanie Gurgone Treasurer
Village of Brookfield 8820 Brookfield Avenue, Brookfield	Luke Gunderson
Clarendon Hills Park District 315 Chicago Avenue, Clarendon Hills	Katie Gock
Village of Indian Head Park 201 Acacia Drive, Indian Head Park	Amy Eckert
Park District of La Grange 536 East Avenue, La Grange	Jenny Bechtold
Community Park District of La Grange Park 1501 Barnsdale Road, La Grange Park	Jessica Cannaday
Village of Western Springs 1500 Walker Street, Western Springs	Aleks Briedis
Westmont Park District 55 East Richmond Street, Westmont	Bob Fleck
Village of Willowbrook 835 Midway Drive, Willowbrook	Dustin Kleefisch
Woodridge Park District 2600 Center Drive, Woodridge	Jenny Knitter

BOARD MEETINGS

SEASPAR's Board meets the third Tuesday of every month at SEASPAR at 3:00pm. The public is welcome. For information call 630.960.7600.

Board meeting minutes and agendas are available online at SEASPAR.org/Board.

REGISTRATION INFORMATION

Never hesitate to contact SEASPAR with your questions. Our staff is eager to assist you! Give us a call at 630.960.7600.

ONLINE	SEASPAR.org
FAX	630.960.7601
MAIL/IN PERSON	SEASPAR 4500 Belmont Road Downers Grove, IL 60515

Registration opens on Monday, December 9, and closes on Monday, January 6 at 4:30pm. Registration for all programming is lottery-based and enrollment is not guaranteed; confirmations will be mailed on January 17.

Zoom links for virtual programs will be emailed the week of January 27.

REGISTRATION PROCEDURES**ONLINE REGISTRATION**

To register online, visit SEASPAR.org. First-time online registrants must call SEASPAR at 630.960.7600 or email adminstaff@seaspar.org to gain access to their online account. The online registration requirements are:

- Must be a SEASPAR resident.
- Must have no outstanding balance.
- Must have an up-to-date ePACT emergency form on file.
- Full credit card payment is required at the time of registration.

IN-PERSON/FAX/EMAIL REGISTRATION

- Complete both sides of the registration form and sign it.
- Mail or drop off your registration form and payment at the SEASPAR office, 4500 Belmont Road in Downers Grove (for after-hours convenience, there is a mail slot at the SEASPAR office entrance) OR
- Fax registration form with credit card information completed to 630.960.7601 OR
- Email registration form with credit card information completed to adminstaff@seaspar.org.
- All participants must have an up-to-date ePACT Emergency Form on file.
- Full payment for programs must be received with the registration unless other arrangements have been made.
- Payment may be made by check, money order, cash, or credit card. We accept Visa, MasterCard, Discover, and American Express!

Registrations received after the registration deadline are accepted if space is available. Participants may not be added to a program with less than 48 hours notice.



OK

REGISTRATION MADE EASY

SEASPAR participants with an active account can register for their favorite programs and special events completely online.

To register online, visit SEASPAR.org or scan the code with your phone.

CREDIT/REFUND PROCEDURES

Credits/refunds may be issued for the following reasons:

- **Participant is Placed on Waitlist:** A full credit for the waitlisted program remains on the participant's account for the duration of the season unless the participant cancels from the waitlisted program to receive a refund.
- **Program is Cancelled by SEASPAR:** A full credit for the cancelled program remains on the participant's account, unless the program is rescheduled.
- **Participant Cancels from a Weekly Program:** If a participant cancels at least three (3) business days prior to the start of the weekly program, a full credit for the program remains on the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. After the first session, if the program is deemed inappropriate for the participant or if the participant is dissatisfied with the program, a full credit for the program remains on the participant's account. After the second session, cancellation results in a prorated credit issued to the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. Cancellations must be made at least three (3) business days prior to the next session of the program in order to receive a credit for that session of program.
- **Participant Cancels from a Special Event:** If a participant cancels at least three (3) business days prior to the special event, a full credit is issued to the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. Cancellations made with less than three (3) business days' notice will not result in any credit or refund.

Credits under \$75 remain on a participant's account unless a refund is requested. All credits are automatically applied toward future registrations.

Credits of \$75 or more are automatically refunded if a credit card was used for the original purchase, unless the credit is the result of a waitlist enrollment. In the case of cash/check payment, credits of \$75 or more remain on the participant's account unless a refund is requested.

Refunds will either be issued directly to the credit card used for the original purchase, or in the case of cash/check payment, via check. Check refunds are issued monthly.

To request the refund of an account credit, please call 630.960.7600 or email adminstaff@seaspar.org.

FEE ASSISTANCE PROGRAM

SEASPAR is in a position to offer scholarships for a percentage of fees to our families with financial restrictions because we believe all residents, regardless of financial limitations, should have access to SEASPAR programs. Participants in need of financial assistance may obtain a Fee Assistance Program Application by visiting our website at SEASPAR.org or calling 630.960.7600. Fee assistance is not available to non-residents or for overnight trips or day camp transportation.



PROGRAM ANATOMY

1. PROGRAM NAME

This section describes the name of the program. Program names are color-coded by section (e.g., Children & Young Teens, Teen & Adult, etc.).

2. PROGRAM BENEFITS

This section identifies benefits of the program. See below for more details.

3. PROGRAM DESCRIPTION

This section includes a brief description of the program.

4. PROGRAM NOTICES

This section highlights important information the participant should be aware of before registering.

5. SESSION INFORMATION

This section includes information you need to know when selecting your program(s) such as age requirements, location, fee, date, time, and registration code.

6. ATTENTION AREA

Identifies important registration and details specific to the program like wheelchair accessible registration code, transportation details, and dates which the program will not meet.

1

3

4

5

6

DAY OFF SCHOOL


Are you looking for some fun during your day off from school? Get to know your SEASPAR friends as we travel around the community! Games, sports, crafts, and adventure are all part of our day.

Age 7-15

Location Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
6-200-02-1	M	9:30am-3:30pm	\$86	2/17

 **Please bring a sack lunch.**

 **Transportation**

Denning: 9am-4pm

IDENTIFYING PROGRAM BENEFITS

SEASPAR is known for delivering dynamic recreation programming, but did you know that the same programs also provide many beneficial attributes important for the growth and development of individuals with disabilities? Because we believe identifying these benefits is important to your program selection process, we added a system of icons to help you select the perfect programs available within this guide. Look for these program icons for:



Independence:

Programs marked with this icon are considered to promote independence through engaging activities delivered in structured environments. These programs are recommended for individuals who live independently or want to increase responsibilities around the house and beyond.



Motor Skills Development:

Programs marked with this icon promote motor skill development. These programs are recommended for individuals who can benefit from continued development (and strengthening) of motor skills with participation in age-appropriate activities.



Active:

Programs marked with this icon include elements beneficial to a healthy lifestyle through the inclusion of physical activities. These programs are recommended for individuals who seek to increase or introduce activities that promote an active lifestyle, through light exercise.



Social Skills Development:

Programs marked with this icon are considered to promote social skills development through participation in various activities hosted in safe environments. These programs are recommended for individuals who desire to expand their social skills or yearn for fun social opportunities.



Sensory Exploration:

Programs marked with this icon are specially designed to appease the senses and are highly recommended for individuals with autism, sensory processing disorders, and ADHD. Many sensory-friendly programs make use of SEASPAR's two multi-sensory rooms.



Performing Arts:

Programs marked with this icon are associated with the teaching of performance arts. A program such as this is ideal for individuals with a desire to entertain, practice performance-based skills, or learn more about the virtues of the stage.



Competitive:

Programs marked with this icon are considered to be competitive. Participants who desire competitive programs are encouraged to seek programs marked with this icon. Programs such as these can range from team sports to activities designed to challenge potential.



Special Olympics:

Programs marked with this icon are associated with Special Olympics, which involves training and participation in competitive sports offered at various levels. Participants are expected to attend games, which may include local and non-local events and tournaments.

STAFF

MATT CORSO, CTRS, CPRE
Executive Director

SYLVIA DOBBINS, CPRP
Program Manager

MATT GORECKI, CPRP
Recreation Coordinator

CHRISTINA HEALY, CTRS
Recreation Coordinator

DAWN KRAWIEC, CPRP
Superintendent of Recreation

CHRIS LAMBIASI
Human Resources Specialist

KAREN LESNIAK
Superintendent of Administrative Services

MORGAN MASON, CPRP
Business Manager

CLAIRE MCCARTHY, CTRS
Recreation Coordinator

LAUREN McVEY, CTRS
Recreation Coordinator

CATHERINE A. MORAVA, CPRP
Adult Day Program Manager

BETHANY PASTRANA, CTRS
Inclusion Manager

LAURA PULIDO
Marketing Coordinator

STEPHANIE STOCKS, CTRS
Recreation Coordinator

SHANNON TOVEY, SHRM-CP, CTRS
Human Resources Manager

CONTACT US

BY PHONE 630.960.7600
TRS 711

BY EMAIL adminstaff@seaspar.org

SOCIAL MEDIA [Facebook.com/SEASPAR](https://www.facebook.com/SEASPAR)
[Instagram.com/WeAreSEASPAR](https://www.instagram.com/WeAreSEASPAR)

OFFICE HOURS

Monday–Friday, 8:30am–4:30pm
Recorded Message After Hours.

The SEASPAR Office will be closed on:

- December 24, 25, and 31
- January 1
- April 18

OFFICE LOCATION

4500 Belmont Road, Downers Grove, IL 60515

FOLLOW US

Don't miss another moment! Follow SEASPAR on your favorite social media app for more news, photos, videos, and the latest stories about your favorite activities.

**JOIN THE SEASPAR TEAM!**

SEASPAR offers flexible hours with a variety of fun programs and events to choose from. No experience is necessary for some positions. Applicants must be 16 or older.

Call us at 630.960.7600 or visit SEASPAR.org to apply online!



PROGRAM LOCATIONS

AMC QUARRY CINEMAS

9201 W 63rd Street, Hodgkins

BELMONT GOLF CLUB

2420 Haddow Avenue, Downers Grove

BENET ACADEMY

2200 Maple Avenue, Lisle

CHUCK'S SOUTHERN COMFORTS CAFÉ

8025 S Cass Avenue, Darien

CINEMARK AT SEVEN BRIDGES

6500 IL-53, Woodridge

CLARENDON HILLS COMMUNITY CENTER

315 Chicago Avenue, Clarendon Hills

COMMUNITY RESOURCE CENTER

825 Midway Drive, Willowbrook

DARIEN COMMUNITY CENTER

7301 Fairview Avenue, Darien

DARIEN SPORTSPLEX

451 Plainfield Road, Darien

DAVE & BUSTERS

306 Yorktown Shopping Center, Lombard

DIANE MAIN PARK

300 W 59th Street, Westmont

DOWNERS GROVE NORTH HIGH SCHOOL FIELDHOUSE

4436 Main Street, Downers Grove

DOWNERS GROVE RECREATION CENTER

4500 Belmont Road, Downers Grove

FMC NATATORIUM

275 Plaza Drive, Westmont

GRAND AVENUE COMMUNITY CENTER

4211 Grand Avenue, Western Springs

INDIAN BOUNDARY YMCA

711 59th Street, Downers Grove

LEMONT PARK DISTRICT SOFTBALL FIELDS

16028 127th Street, Lemont

LINCOLN CENTER

935 Maple Avenue, Downers Grove

LISLE RECREATION CENTER

1925 Ohio Street, Door 8, Lisle

MIDWESTERN UNIVERSITY

555 31st Street, Downers Grove

PARK DISTRICT OF LA GRANGE

536 East Avenue, La Grange

RAY'S BAY MULTI-SENSORY ROOM

4211 Grand Avenue, Western Springs

SEASPAR

4500 Belmont Road, Downers Grove

SEVEN BRIDGES ICE ARENA

6690 IL-53, Woodridge

SPRING ROCK PARK

4400 Central Avenue, Western Springs

SUBURBANITE BOWL

201 Ogden Avenue, Westmont

THE CORE FITNESS & AQUATIC COMPLEX

16028 127th Street, Lemont

THE MORTON ARBORETUM

4100 Illinois Route 53, Lisle

TRUE BALANCE KARATE

406 Ogden Avenue, Downers Grove

WESTMONT COMMUNITY CENTER

75 E Richmond Avenue, Westmont

WONDERS MULTI-SENSORY ROOM

1925 Ohio Street, Door 8, Lisle

WOODRIDGE ARC (ATHLETIC RECREATION CENTER)


8201 S Janes Avenue, Woodridge

YORKTOWN CENTER

203 Yorktown Center, Lombard

TRANSPORTATION

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions.

 When completing your registration form for programs that include transportation, please indicate the location of your choice. Transportation is required unless otherwise noted.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles:

- SEASPAR reserves the right to refuse to transport individuals.
- All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle.
- All wheelchairs must have brakes that are in good working condition and can stop the chair from moving.
- Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.
- SEASPAR staff are responsible for determining whether a participant can be transported safely.

Transportation locations may include:

DARIEN

Darien Sportsplex | Parking Lot
451 Plainfield Road, Darien

DENNING

Denning Park | Parking Lot
4901 Gilbert Avenue, La Grange

LEMONT

Lemont Centennial Community Center | Parking Lot
16028 127th Street, Lemont

LISLE

Lisle Recreation Center | Door #8
1925 Ohio Street, Lisle

SEASPAR

Downers Grove Recreation Center | Parking Lot
4500 Belmont Road, Downers Grove

THANK YOU!

SEASPAR thanks all of the dedicated and caring support staff and volunteers for their time and hard work during the 2024 seasons! Their efforts make it possible for SEASPAR to continue offering quality programs.

We would like to recognize SEASPAR support staff and volunteers for their longevity with us. The following are current staff members who work weekly programs, inclusion, day camps, and EAGLES programs.

↑ Denotes reaching 5, 10, 15, or 20-year anniversary with SEASPAR. All anniversaries are as of December 31, 2024.

■ Denotes individuals who volunteer at SEASPAR on a regular basis.

20+ YEARS

Don Egan
 ↑ Christine Grohne
 ■ Ann Franczyk
 ■ Larry Franczyk
 Brian Klama
 ■ Karen Mulroy
 ■ Gary Naberhaus
 Sharmaine Nardone
 Inge Papaeliou
 Karrie Pece
 Dawn Pope
 Colleen Porritt
 ■ ↑ Don Smetko
 Cheryl Steed
 Jason Steed

16-19 YEARS

Mindy Jack
 Amy Klama
 Debbie Murdock
 ■ Steve Murdock
 Sam Oczak
 GeriAnn Ortega
 Karyn Piegari
 Ruby Saraf

11-15 YEARS

Nicole Causey
 Jennifer Molsky
 April Prescott
 Nancy Urban
 Kevin Wood

6-10 YEARS

Bob Ackermann
 Alyssa Campbell
 Lauren Flentge
 Clare Johnson
 Eileen Kash ↑
 Meghan Lieb

Mia Liebmann
 Barb Lima
 Kate Moran
 Kristy Pauley
 Shea Pauley
 ■ Laura Plemich
 ■ Ann Saladino
 Paul Saladino
 ↑ Courtney Schmitt
 Ashley Stojkovic
 Nicole Strawser
 Sue Willis
 Jenny Young
 Andrew Zelasko

1-5 YEARS

Tye Abbott
 Samantha Asher
 Anayanancy Bandera
 Eva Bargher
 Anna Bastuga
 Katie Bastuga
 Andrea Blankenship
 ↑ Micaela Bjarnson
 Josie Bormann
 Kyle Bramschreiber
 Tessa Burton
 Nora Casey
 John Colucci
 Madilynn Corey
 Bakhita Cunningham
 Ameera Dahleh
 Lucy Daugherty
 Libby DeCero
 Gianluca Di Nunno
 Erin Dickett
 Yamah Dolo
 Molly Downing
 Faith Dunn
 Nicole Edmeier
 Abbey Goddard
 Mary Godlewski

Jake Govro
 Austin Graf
 Sandy Greco
 Connor Hickey
 ■ Perry Kaplan
 Elisa Keegan
 Ellie Kist
 Abby Knight
 ↑ Lexi Kozminski
 Abigail Kresal
 Cameron Kucaba
 Emily Lang
 Abby Lawrence
 Sharon Lyons
 Bill Lyons
 Ashley Mall
 ■ Trisha Mallare
 Ashley Mascote
 ■ Scott McArthur
 Sophie Mc Nerney
 Elizabeth Miller
 Morgan Molsky
 Lisa Morici
 Kay O'Donoghue
 Ashley O'hara-Marin
 ■ ↑ James Pappa
 ■ Karis Pechta
 ■ Stephani Pedersen
 Audrey Peters
 Anne Pleune
 Drew Populorum
 Cathy Pratscher
 Becky Quirk
 Jennifer Reardon
 Sarah Richtman
 Devin Rodgers
 Pricila Sahagun
 Abigail Scantlen
 Jessica Sharenow
 Dan Skarnulis
 Lorrie Smietanski
 Jessica Smith

Drake Steed
 Sean Tovey
 Amelia Van Stee
 Summer Vavra
 Grace Vroman
 ■ Mia Wiesman
 Mia Wiggins
 Grace Wilcox
 Jamie Young
 ↑ Greg Zelasko

LESS THAN 1 YEAR

Kathryn Adams
 Ava Arthur
 Viviana Barnes
 Karen Barry
 Coco Bell
 Alyssa Bennett
 Brendan Boyd
 Sydney Buchelt
 Lizzie Campos
 Megan Castle
 ■ Sam Ceruti
 Bella Cortez
 Abigail Culcasi
 Owen Curran
 Robin De Los Santos
 Marifer Duran
 Natalie Folkening
 Delores Gage-Miller
 Mia Garcia
 Jennifer Gorman
 ■ Gina Graf
 Debra Greenwood
 Claire Gustis
 Grace Gwozdz
 Megan Heller
 Justin Hocker
 Cassandre Juste
 Bailey Karmik
 Barbara Kimber
 Kathryn King

Holly Koehler
 Michelle Korman
 Sarah Lawrence
 Sophia Lazar
 Taylor Lund
 Allison Marsh
 Hannah Marshall
 John Miller
 Deborah Molloy
 Nonoko Monozaki
 Sara Murphy
 Gretchen Nerison
 Kate Newberry
 Maya Nicholson
 Lucas Noth
 Isabel Okuku
 Emma Parney
 Greta Paschall
 Gwen Pasowicz
 Susan Pece
 Trevor Prescott
 Skylar Price
 Will Richards
 Jill Rio
 Stephanie Romero
 Aidan Santiago
 Grace Scott
 Jasmine Simpson
 Brian Singer
 Ashley Sinio
 Ashton Sosnow
 Gabby Tangorra
 Christa Thomas
 Gracy Tierney
 ■ Rick Todd
 Kayla Treanor
 Kryssy Vavra
 Grace Vroman
 Adam Wilcox
 ■ Mia Wojcik
 Molly Yerush
 Michael Zwartz

PART-TIME STAFF AND VOLUNTEERS

226

Weekly Programs, Camp, and Special Event Staff

70

Inclusion Staff

13

EAGLES Adult Day Program Staff

120

Volunteers

2,000

VOLUNTEER HOURS SERVED

\$30,000STAFF COST SAVINGS
FROM VOLUNTEERS

The SEASPAR Board, staff, and participants thank the following individuals and organizations for their financial support of SEASPAR from June through September 2024. Your commitment to our mission means the world to us!

Anonymous

Aon

AT&T

Clarendon Hills Lions Club

Thomas Condon

Rosemary Deschryver

Donna Denz

Downers Grove Park District

Roger Dreher

Paula Evans, *In Honor of All the Wonderful Counselors at Teen Camp East & West*

Joe Fratto, *In Memory of Jerry Fratto*

James Gaspar, *In Memory of Sheila Gaspar*

Liz Grillos, *In Honor of the EAGLES Program*

Nicole Hobus

Tricia Holtzman

Lawrence Klein

Knights of Columbus Bishop James E. Fitzgerald
Council No. 14649

The Kokoris Family

The Kotev Family

Hannah Langosch

Meta

Microsoft Rewards/Give with Bing

The Minium Family

Michael Musselman

Erika Musser

The Puleo Family

The Reggi Family

Elizabeth Reidy, *In Honor of the Kallai Family*

The Rocha Family

Rotary Club of Downers Grove

The Spirovski Family

Timothy Sullivan

CJ Tracy

The Vihon Family

Ioulia Vorona

In Memory of Lois Adamski

Kathy and John Hebert

The Sosnowski Family

In Honor of John Coyne's Birthday

John Coyne

Lynn Mierkiewicz

Thank You, Sponsors!

Did you enjoy one of our free family events this summer? Be sure to join us in thanking our sponsors! Their contributions help us provide all the amenities and activities you've grown to love plus more, at no cost to our participants and their families.

Summer Kick Off

On June 9, over 200 participants and family members joined SEASPAR staff for an afternoon of food and fun in the sun at our annual Summer Kick Off at Ty Warner Park in Westmont. Activities included airbrushed temporary tattoos, a photo booth, a picnic lunch, and – of course – DJ John getting everyone on the dance floor! It was a beautiful day made even better by spending it with SEASPAR friends. Our sponsors help SEASPAR keep this event free of charge for all who attend.

5-3 Digital Consulting
Lemont Park District
Downers Grove Economic Development Corporation
Suburban Door Check & Lock Service
Contour MedSpa
Local Printing + Design
Trader Joe's of Downers Grove
Culvers of Downers Grove

Movie in the Park Sponsors

On July 20, SEASPAR partnered with the Village of Indian Head Park to welcome over 120 participants, their families, and community members to Blackhawk Park for a movie in the park. The community enjoyed freshly grilled hot dogs, sides, popcorn, and cotton candy as they settled in to watch Daddy Day Care on a big screen after dusk. All of the event's amenities were free for all who attended, thanks in part to the support of our sponsors.

5-3 Digital Consulting
Contour MedSpa
Local Printing + Design

Willowbrook Wiffleball Classic

On September 14, SEASPAR partnered with the Village of Willowbrook to present a unified wiffleball tournament for our participants and their families. More than 50 players, cheerleaders, and members of the community enjoyed the action on the field in addition to a picnic lunch, t-shirts for players, and lots of goodies. With the support of our sponsors, the entire event was free for all guests.

Dell Rhea Chicken Basket
King Car Wash
Gretchen Boerwinkle, LLC
Options Medical Weight Loss
Mutual of Omaha
Trader Joe's of Downers Grove
Papa Passero's





KARATE

Focus and release tension! Non-contact karate training promotes self-control, balance, and focus. Participants can advance through the belt system in pursuit of the coveted black belt. We welcome all skill levels.

Age	All ages			
Location	True Balance Karate, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
6-000-03-1	M	5:30-6pm	\$126	2/3-4/21



ANY QUESTIONS ABOUT...

Programs for everyone? Let one of our expert Recreation Coordinators assist you.

STEPHANIE STOCKS, CTRS
 sstocks@seaspar.org • 630.960.7665



CHRISTINA HEALY, CTRS
chealy@seaspar.org • 630.960.7660

MUSIC LESSONS WITH NANCY

Discover the joy of music with Nancy's personalized lessons, where you can choose to either sing or play the piano! Whether you're drawn to the power of your voice or the elegance of the keys, Nancy adapts each lesson to your interests and skill level. With a warm, patient teaching style, she helps you unlock your musical potential, build confidence, and develop your unique sound.

Age	5+		
Location	Darien Sportsplex		
Time	By appointment		
Code	Day(s)	\$	Date(s)
6-000-01-1	M-Th	\$114	2/3-4/24

VIRTUAL SINGING LESSONS WITH NANCY: FIND YOUR VOICE FROM ANYWHERE

Join Nancy for personalized virtual singing lessons, designed to help you explore and develop your vocal talents from the comfort of your own home. Whether you're a beginner or an experienced singer, Nancy offers expert guidance tailored to your unique voice and musical goals. With flexible scheduling and the convenience of online learning, these virtual lessons make it easier than ever to nurture your passion for singing, wherever you are!

Age	5+		
Time	By appointment		
Code	Day(s)	\$	Date(s)
6-700-01-1	F	\$114	2/7-4/25

MUSIC LESSONS WITH NANCY: ACCESSIBLE AND ADAPTIVE FOR ALL

Don't miss Nancy's inclusive music lessons! With a compassionate approach and customized techniques, Nancy tailors each session to meet your individual needs, focusing on using adaptive instruments, modified hand positions, and accessible tools to make music-making possible and enjoyable. Whether you're a beginner or returning to music, Nancy creates a supportive and encouraging environment where creativity can flourish—no matter the physical challenges. Rediscover the joy of music and connect with the rhythm of life through lessons that are as unique as you are.

Age	10+		
Location	TBD		
Time	By appointment		
Code	Day(s)	\$	Date(s)
6-050-02-1	M-F	\$114	2/3-4/25

COOL



Music lessons are 30 minutes and are available by appointment only. Miss Nancy will reach out to you to schedule your lesson day and time.

Each swim lesson lasts **30 minutes**. When registering, please indicate your preferred lesson time. Due to high demand, timeslots cannot be guaranteed. Swimmers can only participate in one aquatics program per season. Please be aware that we share the pools with the public.

Swim lessons with SEASPAR and Coach Eve Learn to Swim's certified instructors are both fun and essential. This class introduces swimmers to basic water skills, breath holding, and a series of submerging progressions that lead to unassisted swimming. Self-confidence and gross motor skills are strengthened through activities. Our swimming lessons are taught in small groups, and individualized assistance is provided as needed.

SWIM LESSONS THE CORE

Age	5+			
Location	The CORE, Lemont			
Code	Day(s)	Time	\$	Date(s)
6-000-02-1	M	4-6pm	\$257	2/3-4/21
6-000-02-5	Sa	12-3pm	\$235	2/8-4/26

 No Program Dates

4/19

SWIM LESSONS YMCA

Age	5+			
Location	Indian Boundary YMCA, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
6-000-02-2	Tu	4-6pm	\$257	2/4-4/22
6-000-02-4	Th	4-6pm	\$257	2/6-4/24

SPLASH!



MATT GORECKI, CPRP
mgorecki@seaspar.org • 630.960.7627

Gretchen Boerwinkle

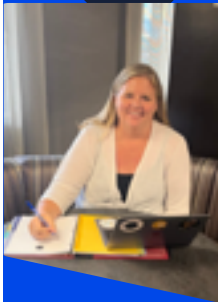
IEP Coach & Special Education Consultant

Do you...

...understand your child's IEP?

...know if your child's IEP is meeting their needs?

..want to build a collaborative relationship with your child's school?



We can do this, and more, together!

visit my website www.gretchenboerwinkle.com

call or text 630-835-4108

email me gretchen@gretchenboerwinkle.com



6300 KINGERY HWY, WILLOWBROOK | ☎ 630-413-9866



Transform Your Body
Transform Your Life

- PHYSICIAN SUPERVISED PROGRAMS
- GLP-1 & OTHER PRESCRIPTION MEDICATIONS
- LIPOPOTROPIC FAT BURNERS
- ONE-ON-ONE HEALTH COACHING



Schedule a Free Consultation and Metabolic Analysis

OPTIONSMEDICALWEIGHTLOSS.COM



Downers Grove Economic Development Corporation

The mission of the Downers Grove Economic Development Corporation is to enhance the economic vitality of the Village through the retention, expansion and attraction of business that is conducive to improving the quality of life in Downers Grove.



To find out how the DGEDC can help your business stay and grow in Downers Grove visit DGEDC.com or call us at 630.729.0380

World Famous Fried Chicken

Dell Rhea's CHICKEN BASKET

Good Food & Good Times Since 1946!

COCKTAIL LOUNGE



DINE IN | CARRY OUT | CATERING | RT 66 ROOM

Trivia night

PRIVATE PARTIES AVAILABLE! PERSONALIZED ROOM PACKAGES, CUSTOM MENUS & COCKTAILS! NO ROOM CHARGE!

Saturday & Sunday Brunch! \$21.99 (11am-3pm)

Car Hops & Car Shows!!

CALL TODAY!! 630-325-0780 chickenbasket.com

645 Joliet Road Willowbrook IL 60527





ENGAGE YOUR SENSES

SEASPAR's two multi-sensory rooms, Ray's Bay and Wonders, are designed to engage your senses! In each room, you will be able to experience state-of-the-art technology designed to stimulate your senses through various hands-on equipment and environmental features.

In SEASPAR's multi-sensory rooms, you will find interactive equipment that will soothe your senses in a variety of ways. You can watch the bubbles move and change colors within the bubble tubes, dance to the music as you wave your hand, experience relaxing aromas, and dip your toes into the pond projected on the floor to make the water ripple. With the touch of your hand, you can control the colors and lights, and you can feel the calming coolness of shimmering glass and marble walls.

BENEFITS OF THE MULTI-SENSORY

Both multi-sensory rooms contain equipment known to benefit individuals by stimulating the senses which can result in:

- Improved mood
- Lowered disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improvement in communication
- Enhanced interpersonal interactions

WHO MAY BENEFIT

Our multi-sensory rooms are designed to provide individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia
- Physical Disabilities
- Emotional Needs
- Anxiety

WONDERS MULTI-SENSORY ROOM

Lisle Recreation Center - Door 8
1925 Ohio Street, Lisle

A unique assortment of state-of-the-art equipment features in Wonders, SEASPAR's award-winning multi-sensory room. In the comfort of the room's rocking chair or comfort nook, environmental effects create a calming atmosphere. A variety of devices are available for guests with extra energy to engage in activities designed to instill a sense of curiosity and joy.

A one-way observation window allows parents to observe their child's session.



RAY'S BAY MULTI-SENSORY ROOM

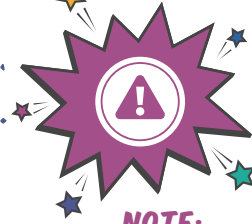
Grand Avenue Community Center
4211 Grand Avenue, Western Springs

Ray's Bay, SEASPAR's newest multi-sensory room, features a unique assortment of state-of-the-art equipment designed to enhance the senses. A relaxing environment is created by environmental sound waves and visual effects, which can be enjoyed from the comfort of the large comfort rocking chair, comfort nook, or lighted waterbed. Visitors who have energy to spare can interact with various devices designed to spark curiosity and joy.

The Ray's Bay Multi-Sensory Room is located on the lower level of the Grand Avenue Community Center. A waiting room, complete with a sitting area, is available for guests while participants play.

Please contact Stephanie Stocks at 630.960.7665 if you would like to learn more about SEASPAR's multi-sensory rooms, or schedule a trial. ?

Multi-sensory room trial availability may be limited; call for details.

**NOTE:**

Please include your preferred session time when registering. Staff will do their best to accommodate your requests, but timeslots are not guaranteed.

**SENSORY SUNDAY**

Take your senses on a weekend getaway! Every Sunday, Sensory Sunday participants experience Wonders, SEASPAR's award-winning multi-sensory room. The program is offered in seven 30-minute sessions.

Code	Day(s)	Time	\$	Date(s)
6-090-03-1	Su	11am-3pm	\$31	2/9-2/23
6-090-03-2	Su	11am-3pm	\$52	3/2-3/30
6-090-03-3	Su	11am-3pm	\$31	4/6-4/27

 No Program Dates

4/20

SENSORY SEEKERS

Wondering what your senses are missing? Explore them! Ray's Bay, SEASPAR's newest multi-sensory room, will allow Sensory Seekers to explore their senses. Four 30-minute sessions are available.

Code	Day(s)	Time	\$	Date(s)
6-090-01-1	M	4-6:15pm	\$115	2/3-4/21

SENSORY EXPLORERS

During Sensory Explorers, participants will experience SEASPAR's award-winning multi-sensory room, Wonders. Five 30-minute sessions are available.

Code	Day(s)	Time	\$	Date(s)
6-090-02-1	W	4-6:50pm	\$115	2/5-4/23



MUSIC AND ME!

In collaboration with Dynamic Lynks, SEASPAR offers a music program tailored to our young participants with a focus on fun! Dynamic Lynks is a music therapy center that uses music and movement to enhance skill development in individuals of all ages through inclusive and affirming client-centered strategies. Check it out!

Age	3-8			
Location	Westmont Community Center			
Code	Day(s)	Time	\$	Date(s)
6-010-01-1	Tu	4:15-5pm	\$147	2/4-4/22

MUSICAL THEATER

Calling all aspiring thespians! Are you looking for a way to prepare for center stage? Look no further than our Musical Theatre program! While focusing on fun, this program will also incorporate aspects of improv, singing, dancing, and more!

Age	9-15			
Location	Westmont Community Center			
Code	Day(s)	Time	\$	Date(s)
6-010-02-1	Tu	5:15-6pm	\$147	2/4-4/22

PIN PALS

Getting together with your SEASPAR friends for a few hours of bowling is the perfect way to spend an afternoon full of fun!

Age	3-12			
Location	Suburbanite Bowl, Westmont			
Code	Day(s)	Time	\$	Date(s)
6-010-03-1	W	4:30-5:30pm	\$178	2/5-4/23



SATURDAY SUPERSTARS

Start your Saturday off right with friends and fun in Lisle! Every week, we'll spend time in our Wonders Multi-Sensory Room, dancing, playing, and more. A snack will be provided at the program.

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-010-04-1	Sa	9-11am	\$111	2/8-4/26

No Program Dates 4/19



SMILE!



VALENTINE'S DAY PARTY

Get ready for a fun afternoon full of Valentine's Day games, crafts, and sweet treats with your SEASPAR friends! Lunch is included.

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-200-01-1	Sa	11am-2pm	\$40	2/15

DAY OFF SCHOOL

Are you looking for some fun during your day off from school? Get to know your SEASPAR friends as we travel around the community! Games, sports, crafts, and adventure are all part of our day.

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-200-02-1	M	9:30am-3:30pm	\$86	2/17

Please bring a sack lunch.

Transportation Denning: 9am-4pm (Optional)

EXPERIMENT EXTRAVAGANZA

Unleash your inner scientist while we explore different exciting experiments!

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-200-04-1	Sa	11am-2pm	\$35	3/15

Please bring a sack lunch.

LEGOLAND

It's time to get creative and go to LEGOLAND! Here, you can experience a variety of activities involving building projects, taking part in challenges, and spending time in the play areas. Lunch is included.

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-200-03-1	Sa	11am-3pm	\$80	3/1

BALL FACTORY

We are going on a trip to Ball Factory! There are a variety of play areas for you to choose from at this large indoor playground. Lunch is included.

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-200-06-1	Sa	11am-3pm	\$75	3/29



STEPHANIE STOCKS, CTRS
sstocks@seaspar.org • 630.960.7665

KIDS SPRING BREAK CAMP

Kids Spring Break Camp is perfect for kiddos ages 5 to 12 who are looking to have fun with SEASPAR friends during their break from school! Our week includes games, sports, crafts, and community outings.

Age	5-12			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-200-11-1	M	9:30am-3:30pm	\$86	3/31
6-200-11-2	Tu	9:30am-3:30pm	\$86	4/1
6-200-11-3	W	9:30am-3:30pm	\$86	4/2
6-200-11-4	Th	9:30am-3:30pm	\$86	4/3
6-200-11-5	F	9:30am-3:30pm	\$86	4/4

Please bring a sack lunch.

Transportation Denning: 9am-4pm (Optional)

PIZZA & KARAOKE

Get ready for an exciting afternoon where we will make personal pizzas and sing some of our favorite karaoke songs! Lunch is included.

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-200-08-1	Sa	11am-2pm	\$38	4/12

SPRINGTIME SPLASH

We love going to Pelican Harbor Indoor Waterpark in Bolingbrook to practice our swimming skills! A splashy day with friends is on the agenda. Lunch is included.

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-200-09-1	Sa	11am-3:30pm	\$60	4/26

MORTON ARBORETUM

Spring is in the air! Bring your family and join us for nature-themed activities and a guided walk through the Morton Arboretum.

Age	All Ages			
Location	The Morton Arboretum, Lisle			
Code	Day(s)	Time	\$	Date(s)
6-200-10-1	Su	1-3pm	\$30/fam	4/6

This is a family event, and participants are not supervised by SEASPAR staff. Siblings are welcome!





STRIKE FORCE

Are hanging out with your friends and bowling two of your favorite things? Suburbanite Bowl is a great venue for socializing with friends! Let's hit some pins.

Age	13-22			
Location	Suburbanite Bowl, Westmont			
Code	Day(s)	Time	\$	Date(s)
6-020-01-1	M	6:30-7:30pm	\$174	2/3-4/21

CHEFS IN TRAINING

Experience fun and flavor in this hands-on cooking program that emphasizes step-by-step learning. This class introduces new recipes each week and allows participants to prepare them in a state-of-the-art kitchen! Take part in this class for a culinary journey that will leave you hungry for more.

Age	13-22			
Location	Clarendon Hills Community Center			
Code	Day(s)	Time	\$	Date(s)
6-020-02-1	Tu	6-7:30pm	\$119	2/4-4/22

VIDEO GAME CLUB

Gamers gather! We invite you to socialize with friends and play Nintendo Switch video games every week. Every skill level is welcome!

Age	13-22			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-020-03-1	Th	4:15-5:15pm	\$90	2/6-4/24

ST. PATRICK'S DAY PARTY

Celebrate St. Patrick's Day with a night of fun, laughter, and all things green! Light refreshments will be provided.

Age	13-22			
Location	Community Resource Center, Willowbrook			
Code	Day(s)	Time	\$	Date(s)
6-200-05-1	Sa	6-8pm	\$25	3/15

TEEN SPRING BREAK CAMP

Teen Spring Break Camp is perfect for young adults ages 13 to 22 who are looking to have fun with SEASPAR friends during their break from school! Our week will consist of games, sports, crafts, and community outings.

Age	13-22			
Location	Darien Sportsplex			
Code	Day(s)	Time	\$	Date(s)
6-200-12-1	M	9:30am-3:30pm	\$86	3/31
6-200-12-2	Tu	9:30am-3:30pm	\$86	4/1
6-200-12-3	W	9:30am-3:30pm	\$86	4/2
6-200-12-4	Th	9:30am-3:30pm	\$86	4/3
6-200-12-5	F	9:30am-3:30pm	\$86	4/4

Please bring a sack lunch.

PUTTSHACK

Where mini golf meets entertainment, Puttshack is always a fun way to spend time with your SEASPAR friends! Lunch is included.

Age	13-22			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-200-07-1	Sa	11:30am-3pm	\$65	4/5



WALKING CLUB WEST

Walk your way to better health and be social! What better way to get your steps in for the day than by walking with friends? Join us as we walk around scenic Lisle Community Park. We will enjoy nature, chats with friends, and the benefits of a great cardiovascular workout!

Age	16+			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-030-03-1	M	4:15-5pm	\$50	3/17-4/21



CURTAIN CALLERS

Welcome to Curtain Callers, where beginners become actors! Join our Acting 101 program to discover the basics of acting, from building confidence to exploring characters. Through engaging games and laughter-filled sessions, unleash your inner talent and watch yourself radiate on stage!


Age	16+			
Location	Darien Sportsplex			
Code	Day(s)	Time	\$	Date(s)
6-030-04-1	M	5:15-6:15pm	\$98	2/3-4/21



DAY AWAY TOUR

Why live for the weekend, when everyday can be an adventure? Join SEASPAR staff and fellow Day Away Tour adventurers for exciting voyages throughout our beautiful communities.


Age	16+			
Location	SEASPAR, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
6-030-05-1	Tu	9am-3pm	\$306	2/11, 2/25, 3/11, 3/25, 4/8, 4/22

 When registering for Day Away Tour, please only register for Day Away Tour or Day Trippers. Due to the nature of this program, participants must be able to tolerate being in the community for prolonged periods of time and tolerate changes in schedules. A schedule of activities will be posted on the SEASPAR website prior to program season. Activities are subject to change. Times may vary per date.

AFTERNOON ADVENTURES

Embark on a thrilling journey with our Afternoon Adventures program! Dive into exciting activities like hiking picturesque trails, competing at the arcade, or discovering hidden gems at the mall. Unwind and connect with friends after your adventure-packed day, creating lasting memories of fun and laughter. Join us for an unforgettable afternoon of excitement and exploration!

Age	16+			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-030-01-1	M	3:15-6:15pm	\$329	2/3-4/21

 This program requires participants to be able to tolerate being in the community. A schedule of activities will be available on the SEASPAR website after the first session.

MALL WALK & FOOD TALK

Mall Walk & Food Talk provides a unique experience of leisurely strolling through the vibrant Yorktown Mall, followed by a delicious dinner. Join us for the joy of walking, socializing, and savoring meals in a friendly atmosphere. Come, make new friends, and enjoy the perfect blend of exercising, dining, and good company! Dinner is provided by SEASPAR.

Age	16+			
Location	Yorktown Center, Lombard			
Code	Day(s)	Time	\$	Date(s)
6-030-02-1	M	4:15-6pm	\$112	2/3-3/10



CREATIVE CORNER

Looking for a new way to express yourself through art? You're in the right place! This program explores different forms of art, including clay, paint, woodworking, and more. Every level of experience is welcome, especially those who are curious about trying something new. Participate in this program for an exciting journey of exploration and self-expression!

Age	16+			
Location	Darien Community Center			
Code	Day(s)	Time	\$	Date(s)
6-030-08-1	Tu	5-6pm	\$112	2/4-4/22



SOUP OR SALAD

Keep your appetite in check! Dinner with the best company is how "Soup or Salad" is meant to be enjoyed. Along with fellow SEASPAR friends, participants will have a soup-er time savoring dinner at a number of local restaurants. You're sure to have an unforgettable night with delicious food and drinks!

Age	16+			
Location	Various			
Code	Day(s)	Time	\$	Date(s)
6-030-09-1	Tu		\$234	2/4-4/22

Pairs nicely with Tuesday Tenpins to the left. Restaurant schedules will be available on the SEASPAR website after the first session.

Transportation: Drop off at Suburbanite Bowl: 5:30pm
Pick up at Lisle Recreation Center: 7:30pm



TUESDAY TENPINS

Join our fun-filled bowling program where strikes and spares are just the beginning! Whether you're a seasoned pro or a first-time bowler, our program offers a lively atmosphere for everyone to enjoy. After an exhilarating game of knocking down pins, join us in our Soup or Salad program to continue the excitement with a delicious post-game meal at a nearby restaurant. It's the perfect opportunity to celebrate victories, laugh over gutter balls, and bond with fellow bowling enthusiasts.

Age	16+			
Location	Suburbanite Bowl, Westmont			
Code	Day(s)	Time	\$	Date(s)
6-030-06-1	Tu	4:15-5:15pm	\$178	2/4-4/22

Pairs nicely with Soup or Salad to the right.



COOKING WITH SEASPAR

It doesn't have to be a chore to prepare meals! This hands-on cooking course emphasizes fun, flavor, and step-by-step learning. Each week, participants learn delicious recipes from HelloFresh and prepare them in a state-of-the-art kitchen. Overall, this program is designed to be a delicious and educational experience!

Age	16+			
Location	Clarendon Hills Community Center			
Code	Day(s)	Time	\$	Date(s)
6-030-07-1	Tu	4:15-5:45pm	\$162	2/4-4/22



**MUSIC MANIA!**

Ready to rock, groove, and jam? Music Mania is the ultimate program for anyone who wants to explore a variety of instruments in a fun, laid-back setting. No prior experience needed—just bring your passion for music and an open mind. Each session lets you experiment with different instruments, discover new sounds, and connect with fellow music lovers. Get ready to make some noise, learn something new, and most importantly—have a blast!

Age	16+			
Location	Darien Sportsplex			
Code	Day(s)	Time	\$	Date(s)
6-030-13-1	W	5:45-6:30pm	\$108	2/5-4/23

**PET THERAPY**

Spend time with the best friend you could ever ask for! The Rainbow Therapy Dogs provide you with the opportunity to train them in obedience using simple commands. Having unconditional love from these tail-wagging friends builds self-esteem while encouraging sharing, giving praise, and expressing yourself!

Age	16+			
Location	Darien Community Center			
Code	Day(s)	Time	\$	Date(s)
6-030-10-1	Tu	6:15-7:15pm	\$106	2/4-4/22

**WEDNESDAY PINBUSTERS**

A trip to the bowling alley is on the agenda for SEASPAR! Come bowl with us at Suburbanite Bowl, hang out with friends, and throw some strikes!

Age	16+			
Location	Suburbanite Bowl, Westmont			
Code	Day(s)	Time	\$	Date(s)
6-030-11-1	W	4:15-5:15pm	\$178	2/5-4/23
6-030-11-2	W	5:30-6:30pm	\$178	2/5-4/23

Registration is limited to one session per person.

**FIT N' FUEL**

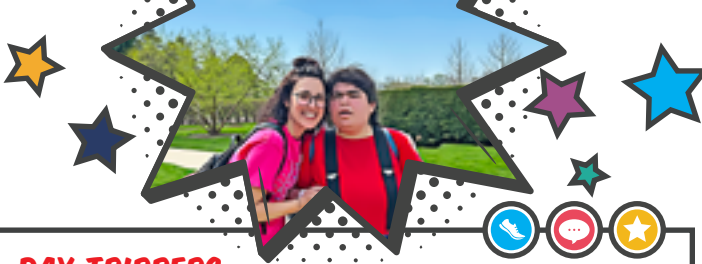
Join us for a fun, high-energy session of Fit N' Fuel! This program combines exciting, interactive games with fitness activities to get your body moving and your heart pumping while having a blast. After all the fun, enjoy a delicious and nutritious snack to fuel your body and recharge. It's the perfect way to stay fit, make new friends, and learn healthy habits—all while having a great time! Ideal for all fitness levels.

Age	16+			
Location	Darien Sportsplex			
Code	Day(s)	Time	\$	Date(s)
6-030-12-1	W	4:30-5:15pm	\$119	2/5-4/23

Bring a water bottle. It is required that you wear athletic apparel and gym shoes. Jeans are not allowed.

BE WHAT YOU WANT TO SEE!





DAY TRIPPERS

Everyone loves a good spin-off of a fan favorite! Join SEASPAR staff and fellow Day Tripper adventurers for exciting voyages throughout our beautiful communities. Day Trippers is shorter than Day Away Tour to accommodate participants who are ready to be out in the community but would benefit from a shorter day.

Age	16+
Location	SEASPAR, Downers Grove
Code	Day(s) Time \$ Date(s)
6-030-15-1	Th 10:30am-2pm \$186 2/13, 2/27, 3/13, 3/27, 4/10, 4/24

⚠️ When registering for Day Trippers, please only register for Day Away Tour or Day Trippers. Due to the nature of this program, participants must be able to tolerate being in the community for prolonged periods of time and tolerate change in schedules. A schedule of activities will be posted on the SEASPAR website prior to program season. Activities are subject to change. Times may vary per date.

WALKING CLUB EAST I

Walking with friends is a great way to get your steps in for the day. While we're out walking, we'll also enjoy chatting with friends, and getting a great cardio workout!

Age	16+
Location	Park District of La Grange
Code	Day(s) Time \$ Date(s)
6-030-16-1	Th 4:15-5pm \$50 2/6-3/13

WALKING CLUB EAST II

Walking with friends is a great way to get your steps in for the day. While we're out walking, we'll also enjoy chatting with friends, and getting a great cardio workout!

Age	16+
Location	Spring Rock Park, Western Springs
Code	Day(s) Time \$ Date(s)
6-030-17-1	Th 4:15-5pm \$50 3/20-4/24

⚠️ In the event of inclement weather, this program will be held indoors at the Park District of La Grange.

GLEE CLUB

Do you want to step up your singing game? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. You'll have a lot of fun showing off your talent at Glee Club!

Age	16+
Location	Darien Sportsplex
Code	Day(s) Time \$ Date(s)
6-030-18-1	Th 5-6pm \$98 2/6-4/24

⚠️ The group will perform at a recital at the end of the season.

AT THE MOVIES AMC QUARRY

There are times when a movie just works better on the big screen! Take a trip to the movies with your SEASPAR friends to see the latest G, PG, or PG-13 movie. The movie title and time will be emailed to you every week.

Age	16+
Location	AMC Quarry Cinemas, Hodgkins
Code	Day(s) Time \$ Date(s)
6-030-19-1	Th TBD \$125 2/6, 2/20, 3/6, 3/20, 4/3, 4/17

⚠️ SEASPAR will pay for a snack, but participants are welcome to bring extra cash if they want more!

AT THE MOVIES SEVEN BRIDGES

There are times when a movie just works better on the big screen! Take a trip to the movies with your SEASPAR friends to see the latest G, PG, or PG-13 movie. The movie title and time will be emailed to you every week.

Age	16+
Location	Cinemark at Seven Bridges, Woodridge
Code	Day(s) Time \$ Date(s)
6-030-20-1	Th TBD \$125 2/6, 2/20, 3/6, 3/20, 4/3, 4/17

⚠️ SEASPAR will pay for a snack, but participants are welcome to bring extra cash if they want more!



SOCIAL CLUB EAST

Friday is Social Club day! Come out and do awesome activities in the surrounding communities with your friends on Friday nights.

Age 16+
Location Grand Avenue Community Center,
 Western Springs

Code	Day(s)	Time	\$	Date(s)
6-030-22-1	F	See Schedule	\$271	2/7-4/25

No Program Dates 4/18

The Hoedown Dance and Luck of the Irish Dance are included in the schedule. A schedule will be emailed to you one week prior to the start of program and can be found on the SEASPAR website.



SOCIAL CLUB WEST

Fridays are Social Club's favorite day of the week! On Friday nights, you can participate in awesome activities in our surrounding communities with your friends.

Age 16+
Location Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
6-030-23-1	F	See Schedule	\$271	2/7-4/25

No Program Dates 4/18

The Hoedown Dance and Luck of the Irish Dance are included in the schedule. A schedule will be emailed to you one week prior to the start of program and can be found on the SEASPAR website.



YOUNG ADULT CLUB

Teens and young adults-this club is for you! We place a strong emphasis on socialization during our activities and outings so that you have fun and also get connected to others. This is the perfect opportunity for you to meet new people and catch up with old friends.

Age 16-25
Location Various

Code	Day(s)	Time	\$	Date(s)
6-030-24-1	Sa		\$225	2/8, 2/22, 3/8, 3/22, 4/5

No Program Dates 4/19

Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time. A schedule of activities will be posted on the SEASPAR website prior to program season. Activities are subject to change. Times may vary per date.

Transportation SEASPAR: 12:30pm-4:30pm
 Denning: 1pm-4pm



SATURDAY NIGHT SOCIALITES

We offer this program to adults who are ready to venture out on their own, but need a little help getting started. Several outings are offered as part of this program, designed to bring smiles to the faces of the participants.

Age 26+
Location Various

Code	Day(s)	Time	\$	Date(s)
6-030-25-1	Sa		\$253	2/15, 3/1, 3/15, 3/29, 4/12, 4/26


Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time. A schedule of activities will be posted on the SEASPAR website prior to program season. Activities are subject to change. Times may vary per date.

Transportation SEASPAR: 5:30pm-9:30pm
 Denning: 6pm-9pm



BRUNCH WITH BESTIES

Brunches with friends are one of the best parts of the weekend! Each week, we will be enjoying pancakes, avacado toast, and other fan favorites as we chat with our friends about our fun adventures throughout the week.

Age	16+			
Location	Various			
Code	Day(s)	Time	\$	Date(s)
6-030-26-1	Su		\$243	2/16, 3/2, 3/16, 3/30, 4/13, 4/27

 Transportation SEASPAR: 10am-2pm
Denning: 10:30am-1:30pm



CHRISTINA HEALY, CTRS
chealy@seaspar.org • 630.960.7660





VALENTINE'S BINGO AND DINNER!

Join us for a fun evening of Valentine's bingo and prizes. Dinner is provided by SEASPAR.

Age	16+			
Location	Community Resource Center, Willowbrook			
Code	Day(s)	Time	\$	Date(s)
6-200-28-1	Su	5-7pm	\$65	2/9

Transportation SEASPAR: 4-8pm
Denning: 4:30-7:30pm



GRIFFIN MUSEUM OF SCIENCE AND INDUSTRY

Come explore the Griffin MSI in Chicago, the largest science museum in the western hemisphere. This museum is home to more than 400,000 square feet of hands-on exhibits designed to spark scientific inquiry and creativity. Lunch is provided by SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-29-1	Sa		\$135	2/15

Transportation SEASPAR: 8:30am-5:30pm
Denning: 9am-5pm



DINNER AND GAME NIGHT

Whether you like to play video games on the Wii or just a board game, this game night is for you! Game on as we enjoy games like Sorry, Trouble, Uno, or try some new games like Ticket to Ride, The Fuzzies, or Heap-O-Sheep, and so much more! Dinner is provided by SEASPAR.

Age	16+			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-200-30-1	Su	5-7:30pm	\$65	2/16

Transportation Denning: 4:15-8:15pm (Optional)



MIDWESTERN UNIVERSITY VALENTINE'S DANCE

You won't want to miss this awesome Valentine's dance at Northwestern University. There will be light refreshments served at this event.

Age	16+			
Location	Midwestern University, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
6-200-26-1	Sa	6:30-8:30pm	\$25	2/1



NIU BASKETBALL GAME

Enjoy a Northern Illinois basketball game with SEASPAR at the Convocation Center in DeKalb. Food will be provided for this event. Please bring additional money for snacks or souvenirs.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-27-1	Sa		\$90	2/8

Wheelchair Accessible Code 6-200-27-2

Return times are approximate due to the unpredictable length of the game. The staff will attempt to contact families or caseworkers if the group is going to be more than 20 minutes late. In order to participate in this event, participants must be able to remain seated.

Transportation SEASPAR: 10:45am-5:30pm
Denning: 11:15am-5pm



HOEDOWN DANCE PARTY

Howdy, partner! Our Hoedown Dance Party is sure to be a fun time for you and your friends. The BBQ meal will be delicious, and we'll have a rootin' tootin' good time!

Age	16+			
Location	Chuck's Southern Comforts Café & Banquets, Darien			
Code	Day(s)	Time	\$	Date(s)
6-200-31-1	F	6:30-9pm	\$50	2/21

This event is included with Social Club East and West.

CHICAGO WOLVES

This is a great opportunity for you to watch the Chicago Wolves take on the Rockford IceHogs at Allstate Arena in Rosemont! Dinner is provided by SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-33-1	Su		\$115	2/23

Wheelchair Accessible Code 6-200-33-2

Return times are approximate due to the unpredictable length of the game. The staff will attempt to contact families or caseworkers if the group is going to be more than 20 minutes late. In order to participate in this event, participants must be able to remain seated.

Transportation SEASPAR: 1-7:30pm
Denning: 1:30-7pm

WAITRESS

What is more American than apple pie? A small-town waitress with a dream and the ingredients for success! Sugar, butter, flour-these aren't the only ingredients Jenna, a waitress and expert pie maker, uses to make her famous pies. Stuck in small town and dealing with life, Jenna finds acceptance and love in the most unexpected places. Join SEASPAR for a viewing of the play *Waitress* at Paramount Theatre in Aurora.

Age	18+			
Code	Day(s)	Time	\$	Date(s)
6-200-32-1	Sa		\$80	2/22

Wheelchair Accessible Code 6-200-32-2

Due to the content of the show, participants must be 18 and older to attend. Please have lunch before attending this event. Participants must be able to stay quiet and seated in theatre throughout the whole play to attend this event.

Transportation SEASPAR: 12:45-7pm
Denning: 1:15-6:30pm

JOSEPH AND THE AMAZING TECHICOLOR DREAMCOAT

One of the most enduring shows of all time, *Joseph and the Amazing Technicolor Dreamcoat*, is reimagining of the story of Joseph, his father Jacob, eleven brothers and the coat of many colors. Join us for this play at Marriott Theatre in Lincolnshire. Dinner is provided by SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-34-1	Sa		\$165	3/1

Wheelchair Accessible Code 6-200-34-2

Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.

Transportation SEASPAR: 1:45-10pm
Denning: 2:15-9:30pm



CHARLIE'S RESTAURANT

Enjoy watching planes take off and land at Charlie's Restaurant located at the renowned Bolingbrook Clow International Airport. Lunch is included.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-37-1	Su	6:30-7:30pm	\$75	3/9

Transportation SEASPAR: 11am-3:45pm
Denning: 11:30am-3:15pm



LUCK OF THE IRISH DANCE

Show off your favorite Irish jig and dress in your favorite green attire as we celebrate St. Patrick's Day. We will provide refreshments as part of the event.

Age	16+			
Location	Benet Academy, Lisle			
Code	Day(s)	Time	\$	Date(s)
6-200-38-1	F	6:30-8:30pm	\$25	3/14

This event is included with Social Club East and West.



DAVE AND BUSTERS

There is something for everyone at Dave and Busters at the all new location in Lombard, from arcade games to dinner, which is included for this event.

Age	16+			
Location	Dave and Busters, Lombard			
Code	Day(s)	Time	\$	Date(s)
6-200-35-1	Su	4-6pm	\$110	3/2
6-200-35-2	Su	7-9pm	\$110	3/2

Registration is limited to one session per person.

Transportation Session 1 - Denning: 3:30-6:30pm (Optional)
Session 2 - Denning: 6:30-9:30pm (Optional)



HIGH TEA AT DRURY LANE

Surround yourself with cherished company for an exquisite afternoon filled with luxurious treats as you experience the culinary tradition of Afternoon Tea at Lucille's at Drury Lane. Lucille's menu features meticulously composed tea sandwiches, french macarons, fruit tarts, mini cakes, scones, and more. Allow the gorgeous setting of Drury Lane to enhance your afternoon of indulgence.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-36-1	Sa	11:30am-4:15pm	\$140	3/8

Participants must be able to stay seated during this event. Please dress smart business casual, with nice jeans and shirt, dress, or nice pants and shirt.

Transportation SEASPAR: 11:30am-4:15pm
Denning: 12-3:45pm





NEED HELP? LET US HELP.

We believe that there is nothing more important than making a special moment a lasting one.

Have questions about special events for teens and adults offered by SEASPAR? Contact us!
info@seaspar.org • 630.960.7600



ST. PATRICK'S BINGO AND DINNER

It's time to celebrate St. Patrick's Day, play bingo, and win some awesome prizes with SEASPAR. Dress in your favorite green attire and dinner will be served.

Age	16+			
Location	Darien Sportsplex			
Code	Day(s)	Time	\$	Date(s)
6-200-39-1	Sa	4-6pm	\$65	3/15

Transportation SEASPAR: 3:15-6:45pm (Optional)

KARAOKE ST. PATRICK'S PARTY

Dance and sing the night away with your friends as we celebrate St. Patrick's Day, karaoke style. Dinner is provided.

Age	16+			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-200-40-1	Su	5-7pm	\$65	3/16

Transportation Denning: 4:15-7:45pm (Optional)

MAIN EVENT

Enjoy arcade games, bowling, lunch, and hanging out with your friends at Main Event in Warrenville!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-41-1	Sa	3:15-6:45pm	\$125	3/22

Transportation SEASPAR: 10:45am-4:15pm
 Denning: 11:15am-3:45pm

CHICAGO BLACKHAWKS

Come see the Chicago Blackhawks take on the Philadelphia Flyers at the United Center in Chicago. Dinner is provided by SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-42-1	Su		\$165	3/23

Wheelchair Accessible Code 6-200-42-2

Return times are approximate due to the unpredictable length of the game. The staff will attempt to contact families or caseworkers if the group is going to be more than 20 minutes late. In order to participate in this event, participants must be able to remain seated.

Transportation SEASPAR: 11:30am-6:45pm
 Denning: 12-6:15pm

CHICAGO BULLS

Experience the thrill of a Chicago Bulls game at the United Center in Chicago. Dinner is provided by SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-43-1	Sa		\$175	3/29

Wheelchair Accessible Code 6-200-43-2

Return times are approximate due to the unpredictable length of the game. The staff will attempt to contact families or caseworkers if the group is going to be more than 20 minutes late. In order to participate in this event, participants must be able to remain seated.

Transportation SEASPAR: 4:30-10:45pm
 Denning: 5-10:15pm



OUTBACK STEAKHOUSE

Outback Steakhouse prides itself on serving up a variety; their unbeatable steak cuts are complemented by delicious choices of chicken, ribs, seafood, and pasta! Come enjoy a delicious meal with your SEASPAR friends.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-44-1	Su	6:30-9:00pm	\$85	3/30

Transportation SEASPAR: 9:45am-2pm
Denning: 10:15am-1:30pm



FLOWER FEST DANCE - AKTION CLUB FUNDRAISER

Come dressed to impress for the SEASPAR Kiwanis Aktion Club's "Flower Fest Dance" fundraiser! We will be rolling out the red carpet and welcoming the warm weather and sunny season ahead. Light refreshments and snacks will be served at this dance.

Age	16+			
Location	Westmont Community Center			
Code	Day(s)	Time	\$	Date(s)
6-200-47-1	Sa	6:30-8:30pm	\$25	4/12



BOCCE AT PINSTRIPES

Enjoy bocce and lunch at Pinstripes in Oak Brook with your SEASPAR friends!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-45-1	Sa	11:30am-2:00pm	\$120	4/5

Transportation SEASPAR: 10:45am-3:15pm
Denning: 11:15am-2:45pm



FARMING AND HORSEBACK RIDING EXPERIENCE

Get ready for an awesome horseback riding and farming experience at Twin Willow Farms in Homer Glen.

Age	18+			
Code	Day(s)	Time	\$	Date(s)
6-200-46-1	Su	9:00am-12:00pm	\$150	4/6

Waivers will be sent to families or caseworkers prior to attending this event. The weight limit for riding a horse is 200lbs. Please eat an early lunch before attending this event.

Transportation SEASPAR: 10:30am-3:30pm
Denning: 11am-3pm



CANTIGNY

Discover Cantigny Park in Wheaton! Explore the first division museum, hike around the park, and enjoy lunch with SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-48-1	Su		\$80	4/13

Transportation SEASPAR: 9am-3:30pm
Denning: 9:30am-3pm

HIKING AT THE MORTON ARBORETUM

Visit the Morton Arboretum for a beautiful hike through the woods. Lunch is provided.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-50-1	Su		\$80	4/27

Wear comfortable walking shoes and dress appropriately for the weather.

Transportation SEASPAR: 9:45am-3:15pm
Denning: 10:15am-2:45pm

TITANIC THE MUSICAL

Epic and majestic, *Titanic the Musical* captures the triumph and tragedy of the hopeful passengers on the ill-fated Ship of Dreams. Based on the real people aboard the most legendary ship in the world, *Titanic the Musical* is a stirring portrait of the passengers on board the "unsinkable ship" and the tragedy that followed. Come enjoy this play at Marriott Theatre in Lincolnshire, with dinner provided by SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-49-1	Sa		\$165	4/26

Wheelchair Accessible Code 6-200-49-2

Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend.

Transportation SEASPAR: 1:45-10pm
Denning 2:15-9:30pm



SPRING ESCAPE TO ST. LOUIS

Take a Spring Escape to St. Louis with SEASPAR!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-200-51-1	F-Su		\$690	5/2-5/4

Accommodations are shared by participants. Age and gender are taken into account when assigning rooms. There will not be staff present in all rooms.

Transportation Depart from SEASPAR: 9:30am
Return to SEASPAR: 5:30pm





SPARTANS POWERLIFTING

Athletes set and reach fitness goals through the disciplined and challenging sport of powerlifting. Participants learn proper technique for both the dead lift and bench press, while improving their overall fitness level through weekly workout routines.

Age	16+			
Location	Downers Grove Recreation Center			
Code	Day(s)	Time	\$	Date(s)
6-100-01-1	M	5-6:30pm	\$70	2/17-3/24

A This program competes in the Special Olympics Illinois Regional Powerlifting Competition on March 29-30 at Marmion High School in Aurora.

Those who receive a gold medal at the regional competition will have the opportunity to compete at the Special Olympics Illinois State Summer Games on June 20-22.



SPARTANS GOLF PRE-SEASON

Join us at the Belmont Golf Club's covered and heated driving range for some pre-season golf practice. Get familiar with your clubs again after taking the winter off. We will practice driving, chipping, and putting as well. If you are anticipating being a part of the upcoming golf season, this is the program for you!

Age	16+			
Location	Belmont Golf Club, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
6-100-02-1	M	5:30-6:30pm	\$76	4/7-5/12



NEED HELP? LET US HELP.

For Recreation Coordinator Matt Gorecki, the high score is only the beginning! Everyday, Matt works to help SEASPAR athletes achieve new potential on and off the court.

Have questions about athletics programs offered by SEASPAR? Contact Matt!

MATT GORECKI, CPRP
mgorecki@seaspar.org • 630.960.7627



SPARTANS TENNIS

The SEASPAR tennis program offers athletes the opportunity to improve agility, upper body strength, hand-eye coordination, and overall fitness. For new tennis players, we teach tennis skills, and for the veterans, we teach match play.

Age	8+			
Location	Diane Main Park, Westmont			
Code	Day(s)	Time	\$	Date(s)
6-100-03-1	Tu	5:30-6:30pm	\$93	4/29-6/17

A This program participates in the Special Olympics Illinois Regional Competition for either match play or individual skills that is usually the third Saturday in June. A gold medal at regionals will send an athlete to State Tennis on August 16-17 at the Evergreen Racquet Club in Bloomington.





SPARTANS SOFTBALL

Grab your mitt - the Spartans softball season is here! Athletes work to improve their skills through practices, games, and tournaments. Practices are focused on fundamentals, key components, and rules of the game.

Age	16+			
Location	Lemont Park District Softball Field and Diane Main Softball Field, Westmont			
Code	Day(s)	Time	\$	Date(s)
6-100-04-1	Tu	6:30-8pm	\$236	4/29-7/29

Our teams will compete at the Special Olympics Illinois Regional Softball Tournament on Sunday, August 3.

If our team receives a gold medal, they will be eligible to participate in the Special Olympics State Softball Tournament on September 6-7 at the Land of Lincoln Sports Complex in Springfield.



SPARTANS BOCCE PRE-SEASON

Bocce, a favorite family game, is one of the most enjoyable competitive sports. Closely resembling bowling, this game requires skill, strategy, and a little luck. Learn to toss, roll, hit, and score while having a great time with your friends. This is a fun and relaxing way to spend an evening! This is the pre-season before the regular bocce season takes place.

Age	8+			
Location	Woodridge ARC			
Code	Day(s)	Time	\$	Date(s)
6-100-05-1	W	5:30-6:30pm	\$48	5/7-6/11



SPARTANS FLAG FOOTBALL PRE-SEASON

Practice makes progress! Join fellow SEASPAR athletes in preparation for the 2025 flag football season. This program consists of hands-on skill-building drills and guidance on the rules of the game. This program is encouraged for those that will be joining us for the regular flag football season in July-September.

Age	16+			
Location	Woodridge ARC			
Code	Day(s)	Time	\$	Date(s)
6-100-06-1	W	5-6:15pm	\$56	5/7-6/11

There is a separate registration for the regular flag football season in the summer.



RHYTHMIC GYMNASTICS

Learn fun Special Olympics routines using balls, hoops, ribbons and ropes.

Age	8+			
Location	Westmont Community Center or Clarendon Hills Community Center			
Code	Day(s)	Time	\$	Date(s)
6-100-07-1	W	5:30-6:45pm	\$115	1/22-2/26

Athletes will compete in the Special Olympics Illinois Regional Gymnastics Meet on March 1 at Palatine High School. A gold medal at Regionals earns the athlete a spot at the 2025 Special Olympics Illinois Summer Games on June 20-22.





UNIFIED CORNHOLE SKILLS

Unified Cornhole (or bags) is the exciting new sport on the Special Olympics roster, and we're ready to dive in and give it our best shot! Practice your cornhole skills on your own, or gather a family member or friend and experience the thrill of tossing bags from either 15 or 27 feet. Unified teams are made up of one athlete and one partner, creating a wonderful opportunity for collaboration and fun. Select Session 1 for individual skills or Session 2 for unified play.

Age 16+
Location Woodridge ARC

Code	Day(s)	Time	\$	Date(s)
6-100-08-1	Th	5-6pm	\$54	3/27-5/1
6-100-08-2	Th	5-6pm	\$75	3/27-5/1

This is a pilot program to garner interest in this up-and-coming sport in Special Olympics.



SPARTANS BOWLING

Join SEASPAR's bowling team to train for competition! Coaches help you work on your form and techniques to improve your game. Please note that in Spartans Bowling, we do not use bumpers.

Age 8+
Location Suburbanite Bowl, Westmont

Code	Day(s)	Time	\$	Date(s)
6-100-09-1	Th	5-6pm	\$131	6/5-7/24

Bumpers are not allowed in Special Olympics bowling.

Bowlers will participate in the Special Olympics Illinois Regional Bowling Tournament on July 26. A gold medal is required from the Regional Bowling Tournament to participate in the Sectional Tournament in October.

State Bowling is scheduled for December 6. Gold medals are required at Regionals and Sectionals to attend State Bowling.



SEASPAR STEEL POWER SOCCER

The SEASPAR Steel Power Soccer Team is a non-conference group of players that practices, plays games against other teams, and learns some new skills along the way. The program is designed for individuals with physical disabilities.

Age 8+
Location Westmont Community Center

Code	Day(s)	Time	\$	Date(s)
6-050-01-1	Sa	8:30-10:30am	\$129	4/5-6/7

No Program Dates 4/19, 5/24





SPARTANS ATHLETICS

A good athlete is a well-prepared athlete. Join other athletes in training for various track and field events. Be prepared for the return to competition by staying fit and in shape.

Age 8+
Location Downers Grove North High School Fieldhouse

Code	Day(s)	Time	\$	Date(s)
6-100-10-1	Su	9-10am	\$174	2/9-4/27
6-100-10-2	Su	10:15-11:15am	\$174	2/9-4/27

No Program Dates 4/20

Warning: Please register for only one Athletics session.

Athletes enrolled in this program participate in the Special Olympics Illinois Spring Games on May 3-4 at Marmion High School.



SPARTANS SWIM TEAM

The swimming program prepares advanced swimmers to compete in Special Olympics and invitational competitions. In order to participate in practice, athletes must meet the minimum skill requirements. The practice focuses on improving stroke mechanics and endurance.

Age 8+
Location The CORE, Lemont

Code	Day(s)	Time	\$	Date(s)
6-100-11-1	Su	1-2pm	\$162	2/9-4/27

No Program Dates 4/20

Warning: Those on the swim team are not eligible to take swim lessons at SEASPAR.

Swim meets span from December to March, and the State Games are in June for those who receive a gold medal at the Special Olympics Illinois Regional Swim Meet which is scheduled for March 20.



SPONSORSHIPS?



**NEED HELP? LET US HELP.**

Have questions about virtual programs offered by SEASPAR?
Contact Claire!

CLAIRE MCCARTHY, CTRS
cmccarthy@seaspar.org • 630.960.7629

SEASPAR DISCO NIGHT

Put on your dancing shoes and join us for a night of sparkling lights, retro beats, and non-stop fun! Whether you're a disco diva or a funky fresh dancer, our virtual dance floor is the place to be. Don your most dazzling outfit and get ready to bust a move to the greatest hits of the disco era. Let's dance like nobody's watching—see you on the virtual dance floor!

Age	All Ages			
Code	Day(s)	Time	\$	Date(s)
6-702-01-1	F	6:30-7:30pm	\$10	1/17

DECADES DANCE

Get ready to groove through the ages at our exciting virtual Decades Dance party! From the swinging '60s to the iconic '80s, each decade will be represented with its unique beats and vibrant styles. Please join us for a night of nostalgia, fun, and fantastic music! Let's make memories and celebrate the best of every decade—see you there!

Age	All Ages			
Code	Day(s)	Time	\$	Date(s)
6-702-02-1	F	6:30-7:30pm	\$10	1/31

COOKING WITH SEASPAR

This SEASPAR favorite is back with a twist! From the comfort of your own kitchen, learn how to make simple, healthy foods. Each week, we will learn about a different aspect of nutrition, and make a healthy snack or meal that goes along with it.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-700-02-1	M	5-5:45pm	\$45	2/3-4/21

KARAOKE

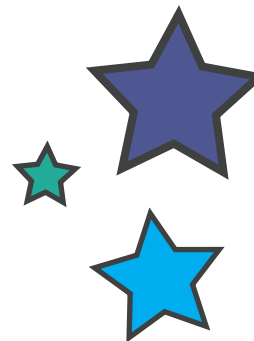
Sing your heart out and have fun singing karaoke virtually with your friends! To create the playlist, we will ask you to send us your song requests at the beginning of the season.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-700-03-1	M	6:30-7:45pm	\$40	2/3-4/21

FEAST WITH FRIENDS

Is there a better way to spend lunch than with SEASPAR? We will have great conversations, catch up with friends, and share our favorite lunches. Take part in the lunch party by making your lunch in advance. We can't wait to see you!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-700-04-1	Tu	12-12:30pm	\$40	2/4-4/22

**GAME NIGHT**

Let the games begin! Every week, we will play a different virtual game with our friends. We will also practice social skills, taking turns, and following rules as we play. This is a program you won't want to miss!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-700-05-1	Tu	6:15-7:15pm	\$40	2/4-4/22

MOVIE CLUB

Calling all movie lovers! We will watch a G, PG, or PG-13 movie every week. Bring your favorite movie snack and sit back, relax, and enjoy the show!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-700-06-1	W	1-3:15pm	\$40	2/5-4/23

WORK-IN WITH SEASPAR

Get a full-body workout through a combination of cardio and strength training! This program is excellent for burning fat, building muscle, and becoming more physically fit.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-700-08-1	Th	5-5:45pm	\$40	2/6-4/24

BINGO

Play one of your favorite games virtually! Enjoy a night of bingo with your SEASPAR friends without leaving your house. We will send you the bingo cards so you can play from home.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-700-09-1	Th	6-6:45pm	\$40	2/6-4/24

BOOK CLUB

Join our new virtual book club where we dive into captivating reads and spark lively discussions from the comfort of your own home! Each season, we will listen to an audiobook, share our insights, and connect with fellow book lovers. This season, we will read *Percy Jackson and the Olympians: The Lightning Thief*. Whether you are a casual reader or a literary aficionado, there's a place for you here! Grab your favorite drink, cozy up in your reading nook, and let's turn the page together!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-700-10-1	F	3:30-5pm	\$45	2/7-4/25

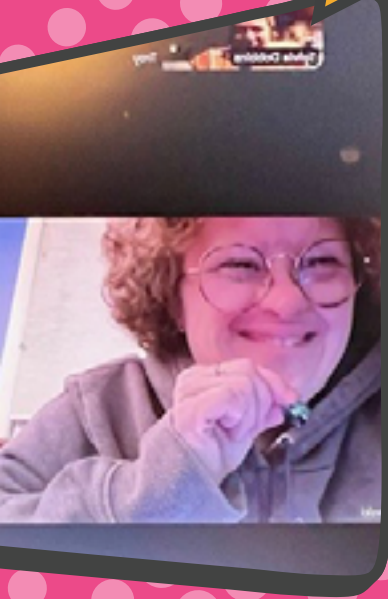
 No Program Dates

4/18

YOGA WITH JEN

This virtual program is led by Jen, a yoga instructor who leads fun and challenging classes. Each class will focus on balance, strength, and flexibility. The only requirement is a yoga mat or towel, and you!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
6-700-07-1	W	6-6:45pm	\$40	2/5-4/23



EAGLES ADULT DAY PROGRAM

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities **Enhance Adult Growth through Lifestyle Education and Service.** This weekly program for adults ages 18–50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at four different sites throughout SEASPAR's communities: the Darien Sportsplex, Lemont Canal Center, Lisle Recreation Center, and Brookfield Municipal Building.

The EAGLES Adult Day Program continues to expand its participants' experience and find creative ways to make healthy choices. Our staff work to collaborate with local businesses, therapists, educators, university students, and other local day programs to offer new and exciting opportunities for the participants in the program. We are fortunate to have such a great team working the program.

Our dedicated team of professionals include:

NICOLE CAUSEY

EILEEN KASH

ELISA KEEGAN

BRIAN KLAMA

JENNIFER MOLSKY

DEBBIE MURDOCK

KAY O'DONOGHUE

KRISTY PAULEY

AUDREY PETERS

CATHY PRATSCHER

BECKY QUIRK

DAN SKARNULIS

NICOLE STRAWSER

These incredible individuals are responsible for delivering dynamic recreation services to adults with disabilities and contribute to the progress of the EAGLES Adult Day Program, each and every day!

Additionally, we would like to thank all of the substitute staff members who make EAGLES possible throughout the year: Bob Ackermann, Mary Godlewski, Sharon Lyons, Samantha Oczak, and Dawn Pope.



For more information about the EAGLES Adult Day Program, visit our website or contact Catherine Morava at 224.250.0528 or cmorava@seaspar.org.

S.O.A.R. PROGRAM

S.O.A.R. stands for Specialized Outside Agency Recreation. S.O.A.R. is offered in cooperation with local schools and agencies whose population consists of at least 50% SEASPAR residents. The program was developed to provide students and adults with disabilities with an increased awareness of healthy and beneficial recreation and leisure exploration activities.

SEASPAR staff work with the school/agency to plan appropriate activities with the goal that the participants will develop recreation interests in their community. SEASPAR residency includes anyone who resides in the park districts of Clarendon Hills, Darien, Downers Grove, La Grange, La Grange Park, Lemont, Lisle, Westmont, or Woodridge, or the villages of Brookfield, Indian Head Park, Western Springs or Willowbrook. Please note that in-district residency is not based on the location of the agency; an agency qualifies if 50% or more of its students/participants reside within SEASPAR's member communities.

A wide variety of activities can be planned. Although there are many similarities between S.O.A.R. programs, no two programs are alike.

Request a S.O.A.R. program online at SEASPAR.org.

INCLUSION

As part of SEASPAR's continuum of recreation programs, inclusion services are provided for residents who wish to participate in one of SEASPAR's member entities' programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow program's policies and abide by the program's Code of Conduct, either with or without accommodations, and be willing to voluntarily participate in scheduled activities. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations.

For more information about inclusion services or Aktion Club, visit our website or contact Bethany Pastrana at 630.960.7609 or bpastrana@seaspar.org.



AKTION CLUB

Through the joint sponsorship of the Woodridge Kiwanis Club and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. They also performs several service projects annually and competes in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support.



ABSENCES

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and ensures that no tickets are wasted. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

ADA STATEMENT

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs.

To request this program guide in an alternative format, please contact Morgan Mason at mmason@seaspar.org.


ATLANTOAXIAL INSTABILITY

Individuals with Down syndrome are at risk of having Atlantoaxial Instability (AAI) which causes decreased stability in the bones of the upper spine. For the safety of our participants, individuals with Down syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for AAI. For more information, contact SEASPAR at 630.960.7600.

CHECK IN

Virtual Programming: Participants should sign into virtual programming in a timely manner. When signing in, participants will be placed on hold until the program's scheduled start time.

In-Person Programming: When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child.

-  SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

CODE OF CONDUCT

Participants, staff, volunteers, and parents are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make SEASPAR's programs safe and enjoyable for everyone. Additional rules may be developed for particular programs and events as deemed necessary by the staff.

CODE OF CONDUCT: IN-PERSON PROGRAMS

- Show respect to all participants, staff and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and those at public facilities to enjoy the activity without disruption.
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

CODE OF CONDUCT: VIRTUAL PROGRAMS

- Refrain from sharing program information (Zoom meeting code and password) with others. Virtual registrations are not exchangeable.
- Avoid joining programs in which you are not enrolled
- Select a quiet space for your program. Reduce background noise as much as possible.
- Ensure that you have an appropriate background for the group to see.
- Change your name in Zoom to the participant's first name and last initial.
- Follow staff's instructions for taking turns and muting.
- Treat others with respect when speaking and using the chat function

- The chat function may be disabled by staff if it is not used appropriately. Participants may be muted or removed from the program if their behavior is disruptive.

DISCIPLINE

SEASPAR applies a caring, positive approach to discipline. When Code of Conduct expectations are not met, staff will attempt reasonable accommodations to minimize future risks and help the participant to meet behavior expectations. However, when accommodations are attempted and are unsuccessful, or when unsafe or otherwise inappropriate behavior occurs, SEASPAR reserves the right to dismiss a participant whose behavior continues to be unsafe or otherwise inappropriate or whose behavior endangers the safety of him/herself or others.

 **EMERGENCY FORM (EPACT)**

SEASPAR has partnered with ePACT for the completion of each participant's Emergency Form (previously referred to as the Annual Information Form). The Emergency Form is completed once, then updated by the parent/guardian as changes occur or is reconfirmed annually. Once a participant expresses interest in registering for SEASPAR programs, the parent/guardian is sent an email from ePACT and completes the Emergency Form online. Completion of the Emergency Form is required in order to register for programs.

LATE REGISTRATION


The registration deadline is Monday, January 6 at 4:30 pm. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waitlist. Participants may not be added to a program with less than 48 hours notice.

LOSS OR THEFT

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

MEDICATION DISPENSATION

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in SEASPAR provided envelopes, complete the label, and give it to the program supervisor. For the convenience of those who are involved in many programs, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

-  Any medication changes made must be updated by the parent/guardian in the participant's ePACT Emergency Form.

NON-RESIDENT FEE POLICY

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 resident fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.

PARTICIPANT EXPECTATIONS

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of

individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and socialization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have a question about attire, call us at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

PARTICIPATION

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

PARTICIPANT SUPERVISION

If a participant has not been picked up at the scheduled program end time, the parent/guardian/group home staff will be contacted. After a fifteen minute wait period, emergency contacts will be called. After one warning, a \$10 fee will be applied for every fifteen minutes that a participant is picked up late or the SEASPAR vehicle is delayed. In extreme cases when a participant must be transported home by SEASPAR, a \$20 fee will be charged to the participant's account in each instance. A notice will be sent to the parent/guardian indicating the fee being charged to the account.

PHOTOGRAPH/VIDEO/NAME USAGE POLICY

By registering yourself or your child/ward in a SEASPAR program or event, you consent that SEASPAR has the right to photograph or film you or your child/ward and use the photos/videos for any purpose in any medium of communication, without compensation. Full names of participants may also be published, especially if they participate in athletics or performing arts programming. If there is a specific reason you or your child/ward cannot be photographed or named, please call us at 630.960.7600.

PROGRAM CANCELLATIONS

- A program may be cancelled if the program minimum enrollment is not met.
- Programs may be cancelled due to inclement weather or other emergencies. SEASPAR will either reschedule the program or issue a prorated credit to the participant's account.
- Staff will attempt to reach all participants to inform them of any cancellation or change in programming.
- If a participant cannot attend a program, they cannot send a substitute in their place.

SEASPAR/WDSRA AGREEMENT

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips, day camp transportation, and the EAGLES Adult Day Program are not included. Registrations must be submitted by the agency's deadline and are processed after those of the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WSDRA.com.

VIRTUAL PROGRAMMING ACCESS AND PASSWORDS

You will receive an email before programs begin with links and passwords for your programs. These are exclusive to you and cannot be shared. Please retain this email as it will only be sent once. If you do misplace your link or password, please call us at 630.960.7600 or email adminstaff@seaspar.org. Participants who cannot be identified and/or whose enrollment status cannot be confirmed may be removed from a virtual program.

WELLNESS GUIDELINES

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is required that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100.4° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackievirus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed. In cases of COVID-19 or any other respiratory illness, participants may return to programs after quarantine or isolation, based on the current CDC, State, and local guidelines.

For everyone's safety, if a participant is exhibiting symptoms of illness during a program, they will be removed from the group and an approved adult will be required to pick them up.



WEATHER/EMERGENCY CANCELLATIONS

Weekly programs and special events may be cancelled due to inclement weather or other unforeseen circumstances. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 3:30-4:30pm for evening programs. If a program is cancelled or an outdoor program is moved indoors, staff attempt to reach all participants to inform them of the change. Programs cancelled due to inclement weather or other emergency may be rescheduled; otherwise, a refund will be issued in the form of a credit on the participant's account.

SEVERE WINTER/SPRING WEATHER GUIDELINES FOR CANCELLING PROGRAMS

Outdoor Programs or Programs with Transportation for Participants with Physical Disabilities

Temperatures of Zero or Wind Chill of -10° or Less

All Other Programs with Transportation

Temperature of -10° or Wind Chill of -20° or Less



All programs (including indoor) are cancelled during snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

SCAN ME





JOBS THAT
LOVE
YOU BACK

Participant's Name _____ Birth Date _____

 Please print your program selection(s) in the table below. Attach additional sheets if necessary. 

PROGRAM NAME	PROGRAM NUMBER									TIME SELECTION (If Applicable)	TRANSPORTATION (If Applicable)	FEE	
Example: Karate	6	-	0	0	0	-	0	3	-	1			\$ 67
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
Would you like to include a donation to SEASPAR? If so, please indicate the amount to the right. Thank you!												\$	
TOTAL FEES												\$	

 Full payment must be received with the registration unless other arrangements have been made. 

Payment may be made by check, money order, cash, or credit card.

Payment Type: Check Cash Money Order Credit Card
 Credit Card: MasterCard Visa Discover American Express

Cardholder Name _____

Account Number _____ Exp. Date _____ CVC _____

Authorized Signature _____ Today's Date _____

Please complete both sides of this registration form. Submit form and payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

 The registration deadline is **Monday, January 6 at 4:30pm.**

OFFICE USE ONLY			
Date Rec'd		Cash Amt	
Rec'd By		Check	
FAP		Check #	

Participant's Name _____ Birth Date _____

Address _____ City _____ Zip _____

Has any of your information changed since you completed your Emergency Form? Yes No

If so, please log into your ePACT account to make updates.

WAIVER AND RELEASE

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

In virtual program activities, you need to have adequate space to follow the activity instructions and to move safely without exposure to any obstacles, obstructions, steps or anything that could cause possible trips or falls. As a participant, you are solely responsible for assessing whether you can participate safely in the activity in the space you have chosen without accidents.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have been made aware of the inherent dangers and risks of virtual program activities, and I can participate safely in the space I have chosen.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online acceptance or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Parent/Guardian Signature _____ Date _____

Participant Signature (if 18 or older) _____ Date _____

**PARTICIPATION WILL BE DENIED** if the waiver is not signed and dated by parent/guardian.**PARTICIPATION WILL BE DENIED** if an up-to-date Emergency Form is not on file.

SEASPAR's annual showcase of participants with disabilities' talents in performing arts such as song, music, dance, and more!

This year's showcase of talent will be hosted live and in-person at the Lemont High School Performing Arts Center on December 17.

The public is encouraged to attend this event.



SEASPAR'S
**HOLIDAY
SPECTACULAR**

TUESDAY, DECEMBER 17

7PM

#HolidaySpectacular2024



Casting Call!

If you are interested in performing in this year's Holiday Spectacular, please contact us by Monday, November 11.

Call 630.960.7600 or email info@seaspar.org.



4500 Belmont Road
Downers Grove, IL 60515

Change Service Requested

POSTMASTER:
Dated Material – Do Not Hold

If you no longer wish to receive
this brochure, call 630.960.7600.

Presorted Standard
U.S. Postage Paid
Downers Grove, IL
60515
Permit 103

SERVING THE RESIDENTS OF:

VILLAGE OF BROOKFIELD

CLARENDON HILLS PARK DISTRICT

DARIEN PARK DISTRICT

DOWNERS GROVE PARK DISTRICT

VILLAGE OF INDIAN HEAD PARK

PARK DISTRICT OF LA GRANGE

COMMUNITY PARK DISTRICT OF
LA GRANGE PARK

LEMONT PARK DISTRICT

LISLE PARK DISTRICT

VILLAGE OF WESTERN SPRINGS

WESTMONT PARK DISTRICT

VILLAGE OF WILLOWBROOK

WOODRIDGE PARK DISTRICT

