

REGISTRATION  
JULY 22 - AUGUST 19

THANK  
YOU

**SEASPAR**  
SPECIAL RECREATION ASSOCIATION

fall 2024





**CORE VALUES**

Fun • Friendships  
Caring • Trust  
Accountability

**VISION**

Discover Abilities  
Achieve Potential  
Realize Dreams

**MISSION**

Enriching lives  
through recreation



**YOU ARE THE UNIQUE PIECE OF OUR PUZZLE!**

FIND YOUR FRIENDS OR FAVORITE STAFF AND CREATE YOUR OWN PUZZLE.

CUT THE PIECES AND BE CREATIVE!

**REGISTRATION:** JULY 22 - AUGUST 19

**SEASON DATES:** SEPTEMBER 23 - DECEMBER 15

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**ASSOCIATION MEMBERS & REPRESENTATIVES**

The South East Association for Special Parks And Recreation (SEASPAR) provides dynamic recreation programs and quality services for individuals with disabilities in the communities of Brookfield, Clarendon Hills, Darien, Downers Grove, Indian Head Park, La Grange, La Grange Park, Lemont, Lisle, Western Springs, Westmont, Willowbrook, and Woodridge.

SEASPAR is composed of 13 associated members, which are represented by the following individuals:

<b>Downers Grove Park District</b> 2245 Warrenville Road, Downers Grove	<b>Bill McAdam</b> President
<b>Lemont Park District</b> 16028 127th Street, Lemont	<b>Louise Egofske</b> Vice President
<b>Lisle Park District</b> 1925 Ohio Street, Lisle	<b>Dan Garvy</b> Secretary
<b>Darien Park District</b> 7301 Fairview Avenue, Darien	<b>Stephanie Gurgone</b> Treasurer
<b>Village of Brookfield</b> 8820 Brookfield Avenue, Brookfield	<b>Luke Gunderson</b>
<b>Clarendon Hills Park District</b> 315 Chicago Avenue, Clarendon Hills	<b>Kathy Forzley</b>
<b>Village of Indian Head Park</b> 201 Acacia Drive, Indian Head Park	<b>Amy Eckert</b>
<b>Park District of La Grange</b> 536 East Avenue, La Grange	<b>Jenny Bechtold</b>
<b>Community Park District of La Grange Park</b> 1501 Barnsdale Road, La Grange Park	<b>Jessica Cannaday</b>
<b>Village of Western Springs</b> 1500 Walker Street, Western Springs	<b>Aleks Briedis</b>
<b>Westmont Park District</b> 55 East Richmond Street, Westmont	<b>Bob Fleck</b>
<b>Village of Willowbrook</b> 835 Midway Drive, Willowbrook	<b>Dustin Kleefisch</b>
<b>Woodridge Park District</b> 2600 Center Drive, Woodridge	<b>Jenny Knitter</b>

**BOARD MEETINGS**

SEASPAR's Board meets the third Tuesday of every month at SEASPAR at 3:00pm. The public is welcome. For information call 630.960.7600.

Board meeting minutes and agendas are available online at SEASPAR.org/Board.



**Welcome, Willowbrook!**

The Village of Willowbrook officially joins the SEASPAR family in September. Willowbrook residents can register online for the fall season. We're happy to serve you!

## REGISTRATION INFORMATION

Never hesitate to contact SEASPAR with your questions. Our staff is eager to assist you! Give us a call at 630.960.7600.

**ONLINE** SEASPAR.org

**FAX** 630.960.7601

**MAIL/IN PERSON** SEASPAR  
4500 Belmont Road  
Downers Grove, IL 60515

**Registration opens on Monday, July 22**, and closes on Monday, August 19 at 4:30pm. Registration for all programming is lottery-based and enrollment is not guaranteed; confirmations will be mailed on August 30.

Zoom links for virtual programs will be emailed the week of September 16.

## REGISTRATION PROCEDURES

### ONLINE REGISTRATION

To register online, visit SEASPAR.org. First-time online registrants must call SEASPAR at 630.960.7600 or email adminstaff@seaspar.org to gain access to their online account. The online registration requirements are:

- Must be a SEASPAR resident.
- Must have no outstanding balance.
- Must have an up to date ePACT emergency form on file.
- Full credit card payment is required at the time of registration.

### IN-PERSON/FAX/EMAIL REGISTRATION

- Complete both sides of the registration form and sign it.
- Mail or drop off your registration form and payment at the SEASPAR office, 4500 Belmont Road in Downers Grove (for after-hours convenience, there is a mail slot at the SEASPAR office entrance) **OR**
- Fax registration form with credit card information completed to 630.960.7601 **OR**
- Email registration form with credit card information completed to adminstaff@seaspar.org.
- All participants must have an up-to-date ePACT Emergency Form on file.
- Full payment for programs must be received with the registration unless other arrangements have been made.
- Payment may be made by check, money order, cash, or credit card. **We accept Visa, MasterCard, Discover, and American Express!**



Registrations received after the registration deadline are accepted if space is available. Participants may not be added to a program with less than 48 hours notice.

## CREDIT/REFUND PROCEDURES

Credits/refunds may be issued for the following reasons:

- **Participant is Placed on Waitlist:** A full credit for the waitlisted program remains on the participant's account for the duration of the season unless the participant cancels from the waitlisted program to receive a refund.
- **Program is Cancelled by SEASPAR:** A full credit for the cancelled program remains on the participant's account, unless the program is rescheduled.
- **Participant Cancels from a Weekly Program:** If a participant cancels at least three (3) business days prior to the start of the weekly program, a full credit for the program remains on the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. After the first session, if the program is deemed inappropriate for the participant or if the participant is dissatisfied with the program, a full credit for the program remains on the participant's account. After the second session, cancellation results in a prorated credit issued to the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. Cancellations must be made at least three (3) business days prior to the next session of the program in order to receive a credit for that session of program.
- **Participant Cancels from a Special Event:** If a participant cancels at least three (3) business days prior to the special event, a full credit is issued to the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. Cancellations made with less than three (3) business days' notice will not result in any credit or refund.

Credits under \$75 remain on a participant's account unless a refund is requested. All credits are automatically applied toward future registrations.

Credits of \$75 or more are automatically refunded if a credit card was used for the original purchase, unless the credit is the result of a waitlist enrollment. In the case of cash/check payment, credits of \$75 or more remain on the participant's account unless a refund is requested.

Refunds will either be issued directly to the credit card used for the original purchase, or in the case of cash/check payment, via check. Check refunds are issued monthly.

To request the refund of an account credit, please call 630.960.7600 or email adminstaff@seaspar.org.

## FEE ASSISTANCE PROGRAM

SEASPAR is in a position to offer scholarships for a percentage of fees to our families with financial restrictions because we believe all residents, regardless of financial limitations, should have access to SEASPAR programs. Participants in need of financial assistance may obtain a Fee Assistance Program Application by visiting our website at SEASPAR.org or calling 630.960.7600. Fee assistance is not available to non-residents or for overnight trips or day camp transportation.



## REGISTRATION MADE EASY

SEASPAR participants with an active account can register for their favorite programs and special events completely online.

To register online, visit **SEASPAR.org** or **scan** the code with your phone.

## PROGRAM ANATOMY

### 1. PROGRAM NAME

This section describes the name of the program. Program names are color-coded by section (e.g., Children & Young Teens, Teen & Adult, etc.).

### 2. PROGRAM BENEFITS

This section identifies benefits of the program. See below for more details.

### 3. PROGRAM DESCRIPTION

This section includes a brief description of the program.

### 4. PROGRAM NOTICES

This section highlights important information the participant should be aware of before registering.

### 5. SESSION INFORMATION

This section includes information you need to know when selecting your program(s) such as age requirements, location, fee, date, time, no program dates, and registration code.

### 6. ATTENTION AREA

Identifies important registration and details specific to the program like, wheelchair accessible registration code, transportation details, and dates which the program will not meet.


## 1 EXAMPLE NAME




3 Program descriptions helps you understand a program's focus.

4 Age	5+
Location	Darien Sportsplex

5 Code	Day(s)	Time	\$	Date(s)
5-000-01-1	TU	By appointment	\$108	9/24-12/10
5-000-01-2	TH	By appointment	\$108	9/26/12-12

6  **Wheelchair Accessible Code**  
Programs featuring special access registration codes for wheelchair users are indicated in this section.

 **Transportation**  
Transportation details (if available) will be displayed in this area.

 **No Program Dates**  
No program dates (if any) will be displayed here.

## IDENTIFYING PROGRAM BENEFITS

SEASPAR is known for delivering dynamic recreation programming, but did you know that the same programs also provide many beneficial attributes important for the growth and development of individuals with disabilities? Because we believe identifying these benefits is important to your program selection process, we added a system of icons to help you select the perfect programs available within this guide. Look for these program icons for:



### Independence:

Programs marked with this icon are considered to promote independence through engaging activities delivered in structured environments. These programs are recommended for individuals who live independently or want to increase responsibilities around the house and beyond.



### Motor Skills Development:

Programs marked with this icon promote motor skill development. These programs are recommended for individuals who can benefit from continued development (and strengthening) of motor skills with participation in age-appropriate activities.



### Active:

Programs marked with this icon include elements beneficial to a healthy lifestyle through the inclusion of physical activities. These programs are recommended for individuals who seek to increase or introduce activities that promote an active lifestyle, through light exercise.



### Social Skills Development:

Programs marked with this icon are considered to promote social skills development through participation in various activities hosted in safe environments. These programs are recommended for individuals who desire to expand their social skills or yearn for fun social opportunities.



### Sensory Exploration:

Programs marked with this icon are specially designed to appease the senses and are highly recommended for individuals with autism, sensory processing disorders, and ADHD. Many sensory-friendly programs make use of SEASPAR's two multi-sensory rooms.



### Performing Arts:

Programs marked with this icon are associated with the teaching of performance arts. A program such as this is ideal for individuals with a desire to entertain, practice performance-based skills, or learn more about the virtues of the stage.



### Competitive:

Programs marked with this icon are considered to be competitive. Participants who desire competitive programs are encouraged to seek programs marked with this icon. Programs such as these can range from team sports to activities designed to challenge potential.



### Special Olympics:

Programs marked with this icon are associated with Special Olympics, which involves training and participation in competitive sports offered at various levels. Participants are expected to attend games, which may include local and non-local events and tournaments.

**STAFF**

**MATT CORSO**, CTRS, CPRE  
Executive Director

**SYLVIA DOBBINS**, CPRP  
Program Manager

**MATT GORECKI**, CPRP  
Recreation Coordinator

**CHRISTINA HEALY**, CTRS  
Recreation Coordinator

**KIMBERLY A. HUGGINS**, CPRP  
Senior Recreation Coordinator

**DAWN KRAWIEC**, CPRP  
Superintendent of Recreation

**CHRIS LAMBIASI**  
Human Resources Specialist

**KAREN LESNIAK**  
Superintendent of Administrative Services

**MORGAN MASON**, CPRP  
Business Manager

**CLAIRE McCARTHY**, CTRS  
Recreation Coordinator

**LAUREN McVEY**, CTRS  
Recreation Coordinator

**CATHERINE A. MORAVA**, CPRP  
Adult Day Program Manager

**BETHANY PASTRANA**, CTRS  
Inclusion Manager

**LAURA PULIDO**  
Marketing Coordinator

**STEPHANIE STOCKS**, CTRS  
Recreation Coordinator

**SHANNON TOVEY**, SHRM-CP, CTRS  
Human Resources Manager

**JOIN THE SEASPAR TEAM!**

SEASPAR offers flexible hours with a variety of fun programs and events to choose from. No experience is necessary for some positions. Applicants must be 16 or older.

Call us at 630.960.7600 or visit SEASPAR.org to apply online!

**CONTACT US**

**BY PHONE** 630.960.7600  
TRS 711

**BY EMAIL** adminstaff@seaspar.org

**SOCIAL MEDIA** Facebook.com/SEASPAR  
Instagram.com/WeAreSEASPAR

**OFFICE HOURS**

Monday–Friday, 8:30am–4:30pm  
Recorded Message After Hours.

**The SEASPAR Office will be closed on:**

- Monday, September 2
- Thursday-Friday, November 28-29

**OFFICE LOCATION**

4500 Belmont Road, Downers Grove, IL 60515

**FOLLOW US**

Don't miss another moment! Follow SEASPAR on your favorite social media app for more news, photos, videos, and the latest stories about your favorite activities.



SCAN ME



**PROGRAM LOCATIONS**

**ALPINE BANQUETS**

8230 S Cass Avenue, Darien

**AMC QUARRY CINEMAS**

9201 W 63rd Street, Hodgkins

**BENET ACADEMY**

2200 Maple Avenue, Lisle

**CINEMARK AT SEVEN BRIDGES**

6500 IL-53, Woodridge

**CLARENDON HILLS COMMUNITY CENTER**

315 Chicago Avenue, Clarendon Hills

**DARIEN COMMUNITY CENTER**

7301 Fairview Avenue, Darien

**DARIEN SPORTSPLEX**

451 Plainfield Road, Darien

**DOWNERS GROVE RECREATION CENTER**

4500 Belmont Road, Downers Grove

**FMC NATATORIUM**

275 Plaza Drive, Westmont

**GRAND AVENUE COMMUNITY CENTER**

4211 Grand Avenue, Western Springs

**INDIAN BOUNDARY YMCA**

711 59th Street, Downers Grove

**LINCOLN CENTER**

935 Maple Avenue, Downers Grove

**LISLE RECREATION CENTER**

1925 Ohio Street, Door 8, Lisle

**MCCOLLUM PARK**

6801 Main Street, Downers Grove

**PARK DISTRICT OF LA GRANGE**

536 East Avenue, La Grange

**RAY'S BAY MULTI-SENSORY ROOM**

4211 Grand Avenue, Western Springs

**SEVEN BRIDGES ICE ARENA**

6690 IL-53, Woodridge

**SPRING ROCK PARK**

4400 Central Avenue, Western Springs

**SUBURBANITE BOWL**

201 Ogden Avenue, Westmont

**THE CORE FITNESS & AQUATIC COMPLEX**

16028 127th Street, Lemont

**TRUE BALANCE KARATE**

406 Ogden Avenue, Downers Grove

**WESTMONT COMMUNITY CENTER**

75 E Richmond Avenue, Westmont

**WONDERS MULTI-SENSORY ROOM**

1925 Ohio Street, Door 8, Lisle

**WOODRIDGE ARC (ATHLETIC RECREATION CENTER)**


8201 S Janes Avenue, Woodridge

**YORKTOWN CENTER**

203 Yorktown Center, Lombard

**TRANSPORTATION**

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions.

 When completing your registration form for programs that include transportation, please indicate the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles:

- SEASPAR reserves the right to refuse to transport individuals.
- All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle.
- All wheelchairs must have brakes that are in good working condition and can stop the chair from moving.
- Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.
- SEASPAR staff are responsible for determining whether a participant can be transported safely.

**Transportation locations may include:**

**DARIEN**

Darien Sportsplex | Parking Lot  
451 Plainfield Road, Darien

**DENNING**

Denning Park | Parking Lot  
4901 Gilbert Avenue, La Grange

**LEMONT**

Lemont Centennial Community Center | Parking Lot  
16028 127th Street, Lemont

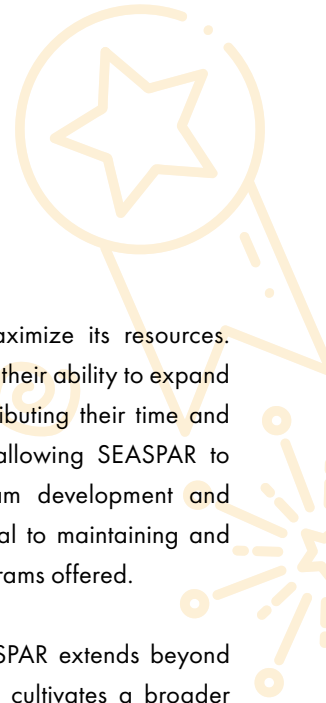
**LISLE**

Lisle Recreation Center | Door #8  
1925 Ohio Steet, Lisle

**SEASPAR**

Downers Grove Recreation Center | Parking Lot  
4500 Belmont Road, Downers Grove

# THE IMPACT OF VOLUNTEERISM FOR SEASPAR: A BEACON OF SUPPORT



Volunteerism is a powerful force that transforms communities, enriches lives, and strengthens organizations. It represents the selfless act of individuals who dedicate their time, skills, and energy to causes they care about, fostering a spirit of compassion and communal responsibility. Our organization greatly benefits from this generosity.

SEASPAR's mission is to enhance the quality of life for its participants by offering a wide array of recreational activities and services tailored to their needs. From adaptive sports and therapeutic swimming to arts programs and social clubs, SEASPAR's programs promote physical health, social interaction, and personal growth. However, the reach and effectiveness of these endeavors are significantly amplified by volunteer dedication.

SEASPAR volunteers are integral to the organization's success. They engage in numerous roles, including assisting with programs, providing one-to-one support to participants, and helping organize events. This hands-on involvement ensures that activities run smoothly, and that each participant receives the attention and encouragement they need to thrive.

One of the most impactful contributions volunteers make is through direct interaction with participants. These interactions not only support participants' engagement and enjoyment but also foster meaningful relationships. Volunteers often become mentors and friends, providing a social network beyond SEASPAR's structured activities. This personal connection is invaluable, offering emotional support and a sense of belonging to individuals who may otherwise feel isolated.

Volunteers also enable SEASPAR to maximize its resources. Non-profit organizations can be limited in their ability to expand services or reach more people. By contributing their time and skills, volunteers help bridge this gap, allowing SEASPAR to allocate more funds directly to program development and participant services. This support is crucial to maintaining and expanding the variety and quality of programs offered.

The ripple effect of volunteerism at SEASPAR extends beyond the immediate benefits to participants. It cultivates a broader community spirit and awareness about the importance of inclusive recreational opportunities.

Volunteers often become advocates for SEASPAR, spreading the word about its mission and encouraging others to get involved. This advocacy helps build a network of support that leads to increased funding, more volunteers, and greater community integration.

For volunteers, the experience is profoundly rewarding. Engaging with SEASPAR provides an opportunity to make a tangible difference in the lives of individuals with disabilities. Participants' joy and gratitude create a fulfilling and enriching experience, often inspiring volunteers to continue their service long-term.

To you dear volunteer, THANK YOU!



# VOLUNTEERS

A big shout out to our volunteers in 2024:

Eric Alwin  
 Lillian Boor  
 Ann Franczyk  
 Larry Franczyk  
 Mary Furbush  
 Gina Graf  
 Perry Kaplan  
 Raquel Klein  
 Trisha Mallare  
 Scott McArther  
 Donna Mulcrone  
 Karen Mulroy  
 Steve Murdock  
 Gary Naberhaus  
 Jim Pappa  
 Susie Pece  
 Karis Pechta  
 Stephani Pedersen  
 Laura Plemich  
 Sophie Rodriguez  
 Ann Saladino  
 Paul Saladino  
 Don Smetko  
 Rick Todd  
 Mia Wojcik  
 Emily Zimmerman



THANKYOU



**We thank you** for your time, talents, and  
**commitment** in supporting our programs!

# YOUR SUPPORT RAISES STARS!



Donate online at **SEASPAR.org/donations**  
or **scan** the code with your phone.

Become a supporter  
today by making a  
secure online donation.



Our organization accepts donations  
throughout the year, which can be used  
to support our programs. All donations  
are tax-deductible.



**The SEASPAR Board, staff, and participants thank the following individuals and organizations for their financial support of SEASPAR from February through May 2024. Your commitment to our mission means the world to us!**

Clarendon Hills Lion Club

BankFinancial

Thomas Condon

Donna Denz

Richard Hanus

The Hirschboeck Family

HCSC Dollars for Doers

Knights of Columbus Saint John Council No. 3738

Knights of Columbus St. Joan of Arc Council No. 15168

The Kokoris Family

Kathy Lundvall for EAGLES

Chris Kristufek

The McSweeney Family

William Mullins

The Murphy Family

The Plemich Family

The Pedroza Family

The Porritt Family

*In Memory of Daniel Mulcahy, Michael Barrett, and Carmen Barcia*

Franc Puc and Friends

Moira Quiroga, BMO Financial Group

Patrick Sheridan, A Sound Education For Music Lessons

Suburbanite Bowl

Trader Joe's of Downers Grove

*For the 42nd Annual SEASPAR Bowling Tournament*

True Balance Karate

Ioulia Vorona

Mark Watkins

Bob Westberg

Marianne Zolna

*In Honor of the Jack and Joanne Schubert Family for EAGLES*

**IN MEMORY OF JERRY CLOUSSON**

David De Motte

Catherine Michalski

Amy Murtaugh

Lauren and Bob Settles

**IN HONOR OF JOSH SYLVIE'S BIRTHDAY**

Nancy Beresheim

Roberta Breiding

Dawn Marie



PROGRAMS  
FOR  
EVERYONE

PROGRAMS FOR EVERYONE

**KARATE**  

Focus and release tension! Non-contact karate training promotes self-control, balance, and focus. Participants can advance through the belt system in pursuit of the coveted black belt. We welcome all skill levels.

Age	All ages			
Location	True Balance Karate, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
5-000-02-1	M	5:30-6pm	\$123	9/23-12/9

**WE ARE SEASPAR**

Have questions about programs for everyone? Let one of our expert Recreation Coordinators assist you.

**STEPHANIE STOCKS, CTRS**  
sstocks@seaspar.org • 630.960.7665

**ICE SKATING**  

Improve your skating skills with ice skating lessons. Students and instructors work together with SEASPAR staff to develop skills, coordination, muscle strength, endurance, and fun! This program helps skaters reach attainable achievements while working toward long-term goals. Skaters progress at their own pace.

Age	All ages			
Location	Seven Bridges Ice Arena, Woodridge			
Code	Day(s)	Time	\$	Date(s)
5-000-03-1	SA	11:10-11:50am	\$125	9/28-12/14

 **No program dates** 11/30




## MUSIC LESSONS WITH NANCY

Why talk about it when you can sing about it? Schedule an in-person music lesson with Nancy Urban and start making music today! Music lessons are 30 minutes each and are available by appointment only. Miss Nancy will reach out to you to schedule your lesson day and time.

<b>Age</b>	5+			
<b>Location</b>	Darlen Sportsplex			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-000-04-1	M-F	By appointment	\$112	9/23-12/13
 <b>No program dates</b>	11/28, 29			

## VIRTUAL MUSIC LESSONS

You can schedule an appointment with Nancy Urban for an individual music lesson! Each virtual lesson lasts 30 minutes and is available only by appointment Monday through Friday. Miss Nancy will reach out to you to schedule your lesson day and time.

<b>Age</b>	5+			
<b>Location</b>	Program held over Zoom			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-700-01-1	M-F	By appointment	\$112	9/23-12/13
 <b>No program dates</b>	11/28, 29			

Participants in Music Lessons are invited to perform at a recital at the end of the season to showcase their hard work!

**CHRISTINA HEALY, CTRS**  
chealy@seaspar.org • 630.960.7660

# MUSIC LESSONS



# SWIM LESSONS

## SWIM LESSONS THE CORE

Age	5+			
Location	The CORE, Lemont			
Code	Day(s)	Time	\$	Date(s)
5-000-01-1	M	4-6pm	\$251	9/23-12/9

Swim lessons with SEASPAR and Coach Eve Learn to Swim’s certified instructors are both fun and essential. This class introduces swimmers to basic water skills, breath holding, and a series of submerging progressions that lead to unassisted swimming. Self-confidence and gross motor skills are strengthened through activities. Our swimming lessons are taught in small groups, and individualized assistance is provided as needed.



**MATT GORECKI, CPRP**  
 mgorecki@seaspar.org • 630.960.7627





### Note:

Each swim lesson lasts 30 minutes. When registering, please indicate your preferred lesson time. Due to high demand, timeslots cannot be guaranteed. Swimmers can only participate in one aquatics program per season. Please be aware that we share the pools with the public.

#### SWIM LESSONS YMCA

Age	5+			
Location	Indian Boundary YMCA, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
5-000-01-2	TU	4-6:30pm	\$251	9/24-12/10

#### SWIM LESSONS FMC NATATORIUM

Age	5+			
Location	FMC Natatorium, Westmont			
Code	Day(s)	Time	\$	Date(s)
5-000-01-3	W	4-6pm	\$251	9/25-12/11

#### SWIM LESSONS YMCA

Age	5+			
Location	Indian Boundary YMCA, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
5-000-01-4	TH	4-6:30pm	\$230	9/26-12/12
No program dates				11/28

#### SWIM LESSONS THE CORE

Age	5+			
Location	The CORE, Lemont			
Code	Day(s)	Time	\$	Date(s)
5-000-01-5	SA	1-3pm	\$230	9/28-12/14
No program dates				11/30

The Lemont Park District  
  
 Fitness & Aquatic Complex

## GET FIT AT THE CORE

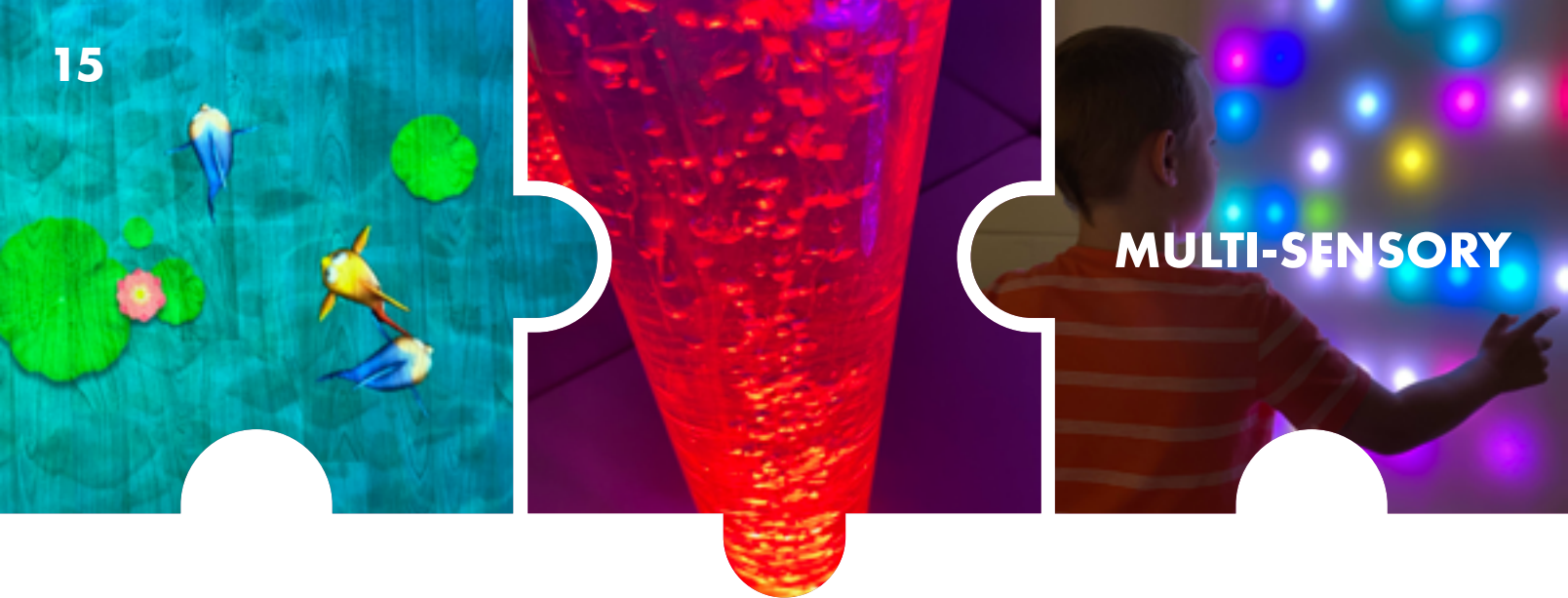
**BRING THIS AD TO THE CORE AND GET A FREE GUEST PASS!**

**We offer MORE at The CORE!**

- Fitness Center
- Group Fitness
- Pickleball
- Aqua Fitness
- Indoor Pool
- Indoor Track
- Three-Court Gym
- Personal Training



www.LemontParkDistrict.org • 630-257-6787



## MULTI-SENSORY

### ENGAGE YOUR SENSES

SEASPAR's two multi-sensory rooms, Ray's Bay and Wonders, are designed to engage your senses! In each room, you will be able to experience state-of-the-art technology designed to stimulate your senses through various hands-on equipment and environmental features.

In SEASPAR's multi-sensory rooms, you will find interactive equipment that will soothe your senses in a variety of ways. You can watch the bubbles move and change colors within the bubble tubes, dance to the music as you wave your hand, experience relaxing aromas, and dip your toes into the pond projected on the floor to make the water ripple. With the touch of your hand, you can control the colors and lights, and you can feel the calming coolness of shimmering glass and marble walls.

### BENEFITS OF THE MULTI-SENSORY

Both multi-sensory rooms contain equipment known to benefit individuals by stimulating the senses which can result in:

- Improved mood
- Lowered disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improvement in communication
- Enhanced interpersonal interactions

### WHO MAY BENEFIT

Our multi-sensory rooms primarily benefit individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia
- Physical Disabilities
- Emotional Needs
- Anxiety

### WONDERS MULTI-SENSORY ROOM

**Lisle Recreation Center - Door 8**  
**1925 Ohio Street, Lisle**



A unique assortment of state-of-the-art equipment features in Wonders, SEASPAR's award-winning multi-sensory room. In the comfort of the room's rocking chair or comfort nook, environmental effects create a calming atmosphere. A variety of devices are available for guests with extra energy to engage in activities designed to instill a sense of curiosity and joy.

A one-way observation window allows parents to observe their child's session.

### RAY'S BAY MULTI-SENSORY ROOM

**Grand Avenue Community Center**  
**4211 Grand Avenue, Western Springs**



Ray's Bay, SEASPAR's newest multi-sensory room, features a unique assortment of state-of-the-art equipment designed to enhance the senses. A relaxing environment is created by environmental sound waves and visual effects, which can be enjoyed from the comfort of the large comfort rocking chair, comfort nook, or lighted waterbed. Visitors who have energy to spare can interact with various devices designed to spark curiosity and joy.

The Ray's Bay Multi-Sensory Room is located on the lower level of the Grand Avenue Community Center. A waiting room, complete with a sitting area, is available for guests while participants play.

Please contact Stephanie Stocks at 630.960.7665 if you would like to learn more about SEASPAR's multi-sensory rooms, or schedule a trial.

Multi-sensory room trial availability may be limited; call for details.



**Note:**

Please include your preferred session time when registering. Staff will do their best to accommodate your requests, but timeslots are not guaranteed.



**SENSORY SEEKERS**  

Wondering what your senses are missing? Explore them! Ray's Bay, SEASPAR's newest multi-sensory room, will allow Sensory Seekers to explore their senses. Four 30-minute sessions are available during the times listed below.

<b>Age</b>	All ages			
<b>Location</b>	Ray's Bay Multi-Sensory Room, Western Springs			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-090-01-1	M	4-6:15pm	\$112	9/23-12/9

**SENSORY EXPLORERS**  

During Sensory Explorers, participants will experience SEASPAR's award-winning multi-sensory room Wonders. Four 30-minute sessions are available during the times listed below.

<b>Age</b>	All ages			
<b>Location</b>	Wonders Multi-Sensory Room, Lisle			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-090-02-1	W	4-6:50pm	\$112	9/25-12/11

**SENSORY SUNDAY**  

Take your senses on a weekend getaway! Every Sunday, Sensory Sunday participants experience Wonders, SEASPAR's award-winning multi-sensory room. The program is offered in eight 30-minute sessions on the dates and times listed below.

<b>Age</b>	All ages			
<b>Location</b>	Wonders Multi-Sensory Room, Lisle			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-090-03-1	SU	11am-3pm	\$10	9/29
5-090-03-2	SU	11am-3pm	\$40	10/6-10/27
5-090-03-3	SU	11am-3pm	\$40	11/3-11/24
5-090-03-4	SU	11am-3pm	\$20	12/8-12/15



# YOUTH PROGRAMS



## MUSIC AND ME!

In cooperation with Dynamic Lynks, SEASPAR offers a music program tailored to our young participants and fun! Dynamic Lynks is a music therapy center that uses music and movement to enhance skill development in individuals of all ages through inclusive and affirming client-centered strategies. Check it out!

Age	3-8			
Location	Westmont Community Center			
Code	Day(s)	Time	\$	Date(s)
5-010-01-1	TU	4:15-5pm	\$144	9/24-12/10

## MUSICAL THEATER

Calling all aspiring thespians! Are you looking for a way to prepare for center stage? Look no further than our Musical Theatre program! While focusing on fun, this program will also incorporate aspects of improv, singing, dancing, and more!

Age	9-15			
Location	Westmont Community Center			
Code	Day(s)	Time	\$	Date(s)
5-010-02-1	TU	5:15-6pm	\$144	9/24-12/10

## PIN PALS

Getting together with friends for a few hours of bowling is the perfect way to spend an afternoon together!

Age	3-9			
Location	Suburbanite Bowl, Westmont			
Code	Day(s)	Time	\$	Date(s)
5-010-03-1	W	4-5pm	\$174	9/25-12/11

## SATURDAY SUPERSTARS

Start your Saturday off right with friends and fun in Lisle! Every week, we'll spend time in our Wonders Multi-Sensory Room, dancing, playing, and more. A snack will be provided at the program.

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
5-010-04-1	SA	9-11am	\$109	9/28-12/14

 **No program dates** 11/30



**STEPHANIE**

**YOUTH  
SPECIAL  
EVENTS**

**NEED HELP? LET US HELP.**

Your kiddo is guaranteed a good time when Recreation Coordinator Stephanie Stocks is around!

**STEPHANIE STOCKS, CTRS**  
sstocks@seaspar.org • 630.960.7665

**HYPER KIDZ**    

Located inside a fun play area, Hyper Kidz has tons of toys and jungle gym equipment to explore. SEASPAR will provide lunch.

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
5-200-01-1	SA	11:15am-3pm	\$45	9/28

**SONNY ACRES FALL FESTIVAL**  

It's time to dive into an autumn wonderland at Sonny Acres Farm. This includes fun activities such as hayrides, a petting zoo, pumpkin patches, and more! SEASPAR will provide lunch.

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
5-200-02-1	SA	11:15am-3pm	\$75	10/12

**DAY OFF SCHOOL**   

Looking for something to do on your day off from school? Spend time with your SEASPAR friends as we travel throughout the community! Our day includes games, sports, crafts, and adventure!

Age	5-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
5-200-03-1	M	9:30am-3:30pm	\$84	10/14

 **Transportation** Denning: 9am-4pm

**BOO! AT THE ZOO**   

Come show off your creative costumes as we explore Brookfield Zoo's fun Halloween-themed event! SEASPAR will provide lunch.

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
5-200-04-1	SA	11:15am-3pm	\$45	10/26

**ENCHANTED CASTLE**  

Get ready to unlock the magic of gaming, rides, and tons of fun at Enchanted Castle. SEASPAR will provide lunch.

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
5-200-05-1	SA	11:15am-3pm	\$60	11/9

## FRIENDSGIVING FEAST

Feast on your favorites with your SEASPAR friends while we play games and more! An email will be sent out closer to the event asking for your participant's favorite food. SEASPAR will then provide it at program.

**Age** 7-15  
**Location** Lisle Recreation Center


Code	Day(s)	Time	\$	Date(s)
5-200-06-1	SA	11:15am-2:30pm	\$45	11/23

## THANKSGIVING BREAK CAMP

Looking for something to do before Thanksgiving? Spend time with friends as we explore a variety of fun games, sports, crafts, movies, and playing at the indoor playground.

**Age** 5-15  
**Location** Park District of La Grange

Code	Day(s)	Time	\$	Date(s)
5-200-07-1	W	9:30am-3:30pm	\$84	11/27

 Bring a sack lunch to the program.

## WINTER WONDERLAND PARTY

Join us for some fun winter-themed crafts, games, and tasty snacks! SEASPAR will provide lunch.

**Age** 5-15  
**Location** Lisle Recreation Center


Code	Day(s)	Time	\$	Date(s)
5-200-08-1	SA	11:15am-2:30pm	\$35	12/7

## WINTER BREAK CAMP

Spend your winter break with your friends at SEASPAR! Together we will enjoy fun games, crafts, and community outings. A snack will be provided by SEASPAR.

**Age** 5-15  
**Location** Lisle Recreation Center


Code	Day(s)	Time	\$	Date(s)
5-200-11-1	M	9:30am-3:30pm	\$84	12/23
5-200-11-2	TH	9:30am-3:30pm	\$84	12/26
5-200-11-3	F	9:30am-3:30pm	\$84	12/27
5-200-11-4	M	9:30am-3:30pm	\$84	12/30
5-200-11-5	TH	9:30am-3:30pm	\$84	1/2
5-200-11-6	F	9:30am-3:30pm	\$84	1/3

 Bring a sack lunch to the program.

 **Transportation** Denning: 9am-4pm

## FAMILY FALL FEST

Embrace the crisp autumn air and vibrant colors of fall with our Family Fall Fest! Gather your loved ones and join us for a day filled with fun activities such as pumpkin decorating, games, and time in our Wonders Multi-Sensory Room.

 **Age** 3-15 With Family  
**Location** Lisle Recreation Center


Code	Day(s)	Time	\$	Date(s)
5-200-09-1	SA	1-3pm	\$30/Family	10/19

## FAMILY ICE SKATING

Get ready to glide into a winter wonderland with our family ice skating event! Lace up your skates and bring the whole family for a day of frosty fun and laughter.

 **Age** 5-15 With Family  
**Location** Seven Bridges Ice Arena, Woodridge

Code	Day(s)	Time	\$	Date(s)
5-200-10-1	SU	10am-12pm	\$30/Family	12/8

 Ice skate rental is included.

## TEEN AND YOUNG ADULT PROGRAMS / SPECIAL EVENTS

**STEPHANIE STOCKS, CTRS**

sstocks@seaspar.org •  
630.960.7665



### STRIKE FORCE

Hanging out with your friends and bowling are two of your favorite things? Suburbanite Bowl is a great venue for socializing with friends! Let's hit some pins.

<b>Age</b>	13-22			
<b>Location</b>	Suburbanite Bowl, Westmont			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-020-01-1	M	6:30-7:30pm	\$170	9/23-12/9

### CHEFS IN TRAINING

Experience fun and flavor in this hands-on cooking program that emphasizes step-by-step learning. This class introduces new recipes each week and allows participants to prepare them in a state-of-the-art kitchen! Take part in this class for a culinary journey that will leave you hungry for more.

<b>Age</b>	13-22			
<b>Location</b>	Clarendon Hills Community Center			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-020-02-1	W	5:30-7pm	\$117	9/25-12/11

### VIDEO GAME CLUB

Gamers gather! We invite you to socialize with friends and play Nintendo Switch video games every week. Every skill level is welcome!

<b>Age</b>	13-22			
<b>Location</b>	Lisle Recreation Center			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-020-03-1	TH	4:15-5:15pm	\$81	9/26-12/12

 **No program dates** 11/28

## SANTA'S VILLAGE AMUSEMENT PARK



With animal attractions, carnival games, thrill rides, and much more, Santa's Village is a fun holiday-themed amusement park to engage in the holiday spirit year-round! SEASPAR will provide lunch.

Age	13-22			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
5-200-15-1	SU	11am-4pm	\$85	9/29



Please remember to dress for the weather.

## HALLOWEEN PARTY



Prepare for a night of eerie delights and ghostly frights at our Halloween Party! Dress up in your most chilling costumes and get ready for a wicked good time. Light refreshments will be provided.

Age	13-22			
Location	Darien Sportsplex			
Code	Day(s)	Time	\$	Date(s)
5-200-16-1	SA	6-8pm	\$35	10/26

## HOLLYWOOD BOULEVARD



Hollywood Boulevard Cinema is a movie theater and full-service restaurant with to-your-seat service! The movie and showtimes will be announced closer to the date. SEASPAR will provide lunch.

Age	13-22			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
5-200-17-1	SU	11:15am-3pm	\$55	11/17



**NEED HELP? LET US HELP.**

Let's have some fun! Recreation Coordinator Christina Healy loves creating fun and exciting programming for SEASPAR's teen and adult participants.


Have questions about weekly programs for teens and adults offered by SEASPAR? Contact Christina!

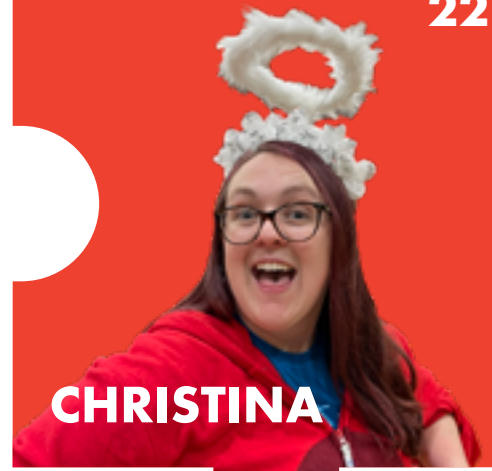
**CHRISTINA HEALY, CTRS**  
chealy@seaspar.org • 630.960.7660

**AFTERNOON ADVENTURES**  

Discover our beautiful communities on an exciting journey. You will have an adventure you will never forget while trekking along with friends on journeys of exploration and adventures.

<b>Age</b>	16+			
<b>Location</b>	Lisle Recreation Center			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-030-01-1	M	3:15-6:15pm	\$321	9/23-12/9

 This program requires participants to be able to tolerate being in the community. A schedule of activities will be available on SEASPAR's website after the first session.



**CHRISTINA**

**TEEN & ADULT PROGRAMS**



## WALKING CLUB WEST

Be social while walking your way to better health! Is there anything better than walking with friends to get in your daily steps? Take a stroll around McCollum Park with us. Besides chatting with friends, we will benefit from a great cardio workout!

<b>Age</b>	16+			
<b>Location</b>	McCollum Park, Downers Grove			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-030-02-1	M	4:15-5pm	\$49	9/23-10/28

## MALL WALK & FOOD TALK

Mall Walk & Food Talk provides a unique experience of leisurely strolling through the vibrant Yorktown Mall, followed by a delicious dinner. Join us for the joy of walking, socializing, and savoring meals in a friendly atmosphere. Come, make new friends, and enjoy the perfect blend of exercising, dining, and good company!

<b>Age</b>	16+			
<b>Location</b>	Yorktown Mall, Lombard			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-030-03-1	M	4:15-6pm	\$112	11/4-12/9

## CURTAIN CALLERS


Welcome to Curtain Callers, where beginners become actors! Join our Acting 101 program to discover the basics of acting, from building confidence to exploring characters. Through engaging games and laughter-filled sessions, unleash your inner talent and watch yourself radiate on stage!

<b>Age</b>	16+			
<b>Location</b>	Darien Sportsplex			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-030-04-1	M	5:15-6:15pm	\$96	9/23-12/9

## DAY AWAY TOUR

Why live for the weekend, when everyday can be an adventure? Join SEASPAR staff and fellow Day Away Tour adventurers for exciting voyages throughout our beautiful communities.


<b>Age</b>	16+			
<b>Location</b>	SEASPAR, Downers Grove			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-030-05-1	TU	9am-3pm	\$254	10/1, 10/15, 11/5, 11/19, 12/3

 When registering for Day Away Tour, please only register for Day Away Tour or Day Trippers. Due to the nature of this program, participants must be able to tolerate being in the community for prolonged periods of time and tolerate change in schedules. A schedule of activities will be posted on the SEASPAR after the first session. Activities are subject to change. Times may vary per date.

## TUESDAY TENPINS

Join our fun-filled bowling program where strikes and spares are just the beginning! Whether you're a seasoned pro or a first-time bowler, our program offers a lively atmosphere for everyone to enjoy. After an exhilarating game of knocking down pins, join us in our Soup or Salad program to continue the excitement with a delicious post-game meal at a nearby restaurant. It's the perfect opportunity to celebrate victories, laugh over gutter balls, and bond with fellow bowling enthusiasts.

<b>Age</b>	16+			
<b>Location</b>	Suburbanite Bowl, Westmont			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-030-06-01	TU	4:15-5:15pm	\$175	9/24-12/10

 Pairs nicely with Soup or Salad on page 26.

## COOKING WITH SEASPAR

It doesn't have to be a chore to prepare meals! This hands-on cooking course emphasizes fun, flavor, and step-by-step learning. Each week, participants learn delicious recipes and prepare them in a state-of-the-art kitchen! Overall, this course is designed to be a delicious and educational experience.

<b>Age</b>	16+			
<b>Location</b>	Clarendon Hills Community Center			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-030-07-1	TU	4:15-5:45pm	\$158	9/24-12/10



**CREATIVE CORNER**

Looking for a new way to express yourself through art? You're in the right place! This program explores different forms of art, including clay, paint, woodworking, and more. Every level of experience is welcome, especially those who are curious about trying something new. Participate in this program for an exciting journey of exploration and self-expression!

<b>Age</b>	16+			
<b>Location</b>	Darlen Community Center			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-030-08-1	TU	5-6pm	\$110	9/24-12/10

**SOUP OR SALAD**

Keep your appetite in check! Dinner with the best company is how "Soup or Salad" is meant to be enjoyed. Along with fellow SEASPAR friends, participants will have a soup-er time savoring dinner at a number of local restaurants. You're sure to have an unforgettable night with delicious food and drinks!

<b>Age</b>	16+			
<b>Location</b>	Various			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-030-09-1	TU	See Transportation	\$231	9/24-12/10

Pairs nicely with Tuesday Tenpins on page 25. Restaurant schedules will be available on SEASPAR'S website after the first session.

**Transportation** Drop off at Suburbanite Bowl at 5:30pm. Pickup at Lisle Recreation Center at 7:30pm.

**PET THERAPY**

Spend time with the best friend you could ever ask for! The Rainbow Therapy Dogs provide you with the opportunity to train them in obedience using simple commands. Having unconditional love from these tail-wagging friends builds self-esteem while encouraging sharing, giving praise, and expressing yourself!

<b>Age</b>	16+			
<b>Location</b>	Darlen Community Center			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-030-10-1	TU	6:15-7:15pm	\$104	9/24-12/10

**WEDNESDAY PINBUSTERS**

It's time to bowl! Suburbanite Bowl is the perfect place to hang out with friends and throw some strikes!

<b>Age</b>	16+			
<b>Location</b>	Suburbanite Bowl, Westmont			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-030-11-1	W	4:15-5:15pm	\$174	9/25-12/11
5-030-11-2	W	5:30-6:30pm	\$174	9/25-12/11

Registration is limited to one session per person.

**ACTORS GUILD**

Lights. Camera. Action! This program is led by Christine Grohne of Actors with Special Needs. Actors Guild is designed to build self-esteem, enhance character, and motivate everyone to do their best. No acting experience is necessary. This program encourages family and friends to practice lines with participants in order to prepare them for their final performance!

<b>Age</b>	16+			
<b>Location</b>	Lincoln Center, Downers Grove			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-030-12-1	W	4:30-6:30pm	\$104	9/25-12/11

The Actors Guild program continues through the winter-spring season, ending in May with a spring performance. Only participants who register in the fall are invited to register for the winter-spring season.

**DAY TRIPPERS**

We all love a good spin-off! Explore our beautiful communities with SEASPAR staff and fellow Day Tripper adventurers. Unlike the original program, this Day Trippers session is shorter to encourage participants who are ready to be out in the community, but may benefit from a shorter day.


<b>Age</b>	16+			
<b>Location</b>	SEASPAR, Downers Grove			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-030-13-1	TH	10am-2pm	\$175	10/3, 10/17, 11/7, 11/21, 12/5

If you are registering for Day Trippers, please select Day Away Tour or Day Trippers. Participants must be able to tolerate being in the community for extended periods of time and being on a schedule that changes frequently. A schedule of activities will be posted on the SEASPAR website following the first session. All activities are subject to change. Dates and times are subject to change.

## FIT N' FUEL

For long-term health and overall well-being, regular exercise and physical activity are extremely important. As part of Fit N' Fuel, participants explore different exercise techniques followed by a healthy snack. Overall, Fit N' Fuel aims to provide participants with the knowledge, skills, and motivation to lead a healthy lifestyle.

Age	16+			
Location	Clarendon Hills Community Center			
Code	Day(s)	Time	\$	Date(s)
5-030-14-1	TH	4:15-5pm	\$107	9/26-12/12

 Bring a water bottle. It is required that you wear athletic apparel and gym shoes. Jeans are not allowed.

 **No program dates** 11/28

## WALKING CLUB EAST

We are looking forward to seeing you at Walking Club East! Walking with friends is a great way to get your steps in for the day. While we're out walking, we'll also enjoy chatting with friends, and getting a great cardio workout!


Age	16+			
Location	Spring Rock Park, Western Springs (Session I) Park District of La Grange (Session II)			
Code	Day(s)	Time	\$	Date(s)
5-030-15-1	TH	4:15-5pm	\$49	9/26-10/31
5-030-15-2	TH	4:15-5pm	\$41	11/7-12/12

 **No program dates** 11/28

## GLEE CLUB

Do you want to step up your singing game? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. You'll have a lot of fun showing off your talent at Glee Club!

Age	16+			
Location	Darrien Sportsplex			
Code	Day(s)	Time	\$	Date(s)
5-030-16-1	TH	5-6pm	\$88	9/26-12/12


 Participants in Glee Club are invited to perform at a recital at the end of the season to showcase their hard work!

 **No program dates** 11/28

## AT THE MOVIES SEVEN BRIDGES

There are times when a movie just works better on the big screen! Take a trip to the movies with your SEASPAR friends to see the latest G, PG, or PG-13 movie. The movie title and time will be emailed to you every week.


Age	16+			
Location	Cinemark at Seven Bridges, Woodridge			
Code	Day(s)	Time	\$	Date(s)
5-030-17-1	TH	TBA	\$122	9/26, 10/10, 10/24, 11/7, 11/21, 12/5

 SEASPAR will pay for a snack, but participants are welcome to bring extra cash if they want more!

## AT THE MOVIES AMC QUARRY

There's nothing better than watching a movie on the big screen! See the latest G, PG, or PG-13 movie with your SEASPAR friends. The movie title and time will be emailed to you every week.


Age	16+			
Location	AMC Quarry Cinemas, Hodgkins			
Code	Day(s)	Time	\$	Date(s)
5-030-18-1	TH	TBA	\$122	9/26, 10/10, 10/24, 11/7, 11/21, 12/5

 SEASPAR will pay for a snack, but participants are welcome to bring extra cash if they want more!

## SOCIAL CLUB EAST

Friday is Social Club East day! Come out and do awesome activities in the surrounding communities with your friends on Friday nights.

Age	16+			
Location	Grand Avenue Community Center, Western Springs			
Code	Day(s)	Time	\$	Date(s)
5-030-20-1	F	See Schedule	\$265	9/27-12/13

 The Monster Mash Dance and Football Celebration Dance are included in the schedule. A schedule will be emailed to you one week prior to the start of program and can be found on the SEASPAR website.


 **No program dates** 11/29

**SOCIAL CLUB WEST**   

Fridays are Social Club West’s favorite day of the week! On Friday nights, you can participate in awesome activities in our surrounding communities with your friends.

Age	16+			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
5-030-21-1	F	See Schedule	\$265	9/27-12/13

 **No program dates** 11/29

 The Monster Mash Dance and Football Celebration Dance are included in the schedule. A schedule will be emailed to you one week prior to the start of program and can be found on the SEASPAR website.


**YOUNG ADULT CLUB**   

Teens and young adults - this club is for you! We place a strong emphasis on socialization during our activities and outings so that you have fun and also get connected to others. This is the perfect opportunity for you to meet new people and catch up with old friends.

Age	16-25			
Code	Day(s)	Time	\$	Date(s)
5-030-22-1	SA	See Transportation	\$220	10/5, 10/19, 11/2, 11/16, 12/14

 **Transportation** SEASPAR: 12:30-4:30pm  
Denning: 1-4pm

 **No program dates** 11/30


 Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time. A schedule of the activities will be on the SEASPAR website after the first session.

**SATURDAY NIGHT SOCIALITES**   

We offer this program to adults who are ready to venture out on their own, but need a little help getting started. Several outings are offered as part of this program, designed to bring smiles to the faces of the participants.

Age	26+			
Code	Day(s)	Time	\$	Date(s)
5-030-23-1	SA	See Transportation	\$246	9/28, 10/12, 10/26, 11/9, 11/23, 12/14

 **Transportation** SEASPAR: 5:30-9:30pm  
Denning: 6-9pm


 Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time. A schedule of the activities will be on the SEASPAR website after the first session. Program times may vary depending on the activity.

**BRUNCH WITH BESTIES**  

Weekends are best spent with friends over brunch! While we chat with our friends about our fun adventures through the week, we will enjoy pancakes, avocado toast, and other fan favorites. Brunch is the perfect way to bond with friends, and to treat yourself into a well-deserved break!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-030-24-1	SU	See Transportation	\$237	9/29, 10/13, 10/27, 11/10, 11/24, 12/8

 **Transportation** SEASPAR: 10am-2pm  
Denning: 10:30am-1:30pm

 A schedule of restaurants will be posted on the SEASPAR website after the first session.



# TEEN & ADULT SPECIAL EVENTS

**KIM**



**NEED HELP? LET US HELP.**

Senior Recreation Coordinator Kim Huggins believes that there is nothing more special than making a special moment a lasting one.



Have questions about special events for teens and adults offered by SEASPAR? Contact Kim!


**KIMBERLY A. HUGGINS, CPRP**  
khuggins@seaspar.org • 630.960.7628

**THE FULL MONTY**  

*The Full Monty* is a side-splitting musical that follows Jerry, Dave, and pals, part of a group of unemployed steelworkers in Buffalo, New York. With their backs to the wall, they decide to create a show to help pay their mortgages and provide for their families after layoffs. *The Full Monty* delivers a feel-good experience that challenges stereotypes and celebrates the triumph of the human spirit.


<b>Age</b>	18+			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-200-26-1	SA	See Transportation	\$85	9/28

	<b>Wheelchair Accessible Code</b>	5-200-26-2
	<b>Transportation</b>	SEASPAR: 12:45-7pm Denning: 1:15-6:30pm

 Due to the content of the show, participants must be 18 or older to attend. Please have lunch before attending this event. Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.


## BENGTSON'S FALL FESTIVAL


Experience an afternoon of fun at the Bengtson's Fall Fest in Homer Glen. Enjoy a tractor-pulled hayride, explore the haunted barn (if you dare), and giggle in the animated Fun Barn. Come cheer on your favorite pig and yell "sooie" as loud as you can to get the pigs pumped up at the popular pig races. Lunch is provided by SEASPAR.

<b>Age</b>	16+			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-200-27-1	SU	See Transportation	\$145	9/29
 <b>Transportation</b>	SEASPAR: 10:30am-6pm Denning: 11:30am-5:30pm			

## FALL ESCAPE


Enjoy a fall escape with SEASPAR and your friends! We enjoy Goebbert's Farm, a pool party at the hotel, and Boo at the Zoo at Brookfield Zoo. The group stays at Homewood Suites by Hilton Downers Grove Chicago.


<b>Age</b>	16+			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-200-28-1	SA-SU	See Transportation	\$415	10/5-10/6
 <b>Transportation</b>	Depart from SEASPAR: 9:30am Return to SEASPAR: 4pm			

 Participants share accommodations. Rooms are assigned according to age and gender. There will not be staff present in all rooms.

## OUT TO EAT AT LAZY DOG

Kick back, relax, and enjoy a dinner at Lazy Dog Restaurant in Oak Brook with your friends. They serve handcrafted American food with seasonally inspired ingredients. When you walk in, you get a small mountain town vibe from the warm and caring service and rustic social setting. Dinner is provided by SEASPAR.

<b>Age</b>	16+			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-200-29-1	SU	See Transportation	\$90	10/6
 <b>Transportation</b>	SEASPAR: 3:45-8pm Denning: 4:15-7:30pm			

 Wear comfortable walking shoes and dress appropriately for the weather.


## SUPERPOWERED DANCE OFF-AKTION CLUB DANCE FUNDRAISER


Put on your capes, masks, and dancing shoes, and join us as we become heroes for a good cause! Get ready for a night of heroic dance moves as we unleash our inner superpowers on the dance floor. All proceeds from the event will support the SEASPAR Aktion Club's initiatives toward local charities and community service organizations. Light refreshments will be provided by the SEASPAR Aktion Club.

<b>Age</b>	16+			
<b>Location</b>	Westmont Community Center			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-200-30-1	SA	6:30-8:30pm	\$25	10/12

## LAKE GENEVA SUNDAY BRUNCH CRUISE

Relax and enjoy all the scenic beauty of Lake Geneva as you cruise around the entire lake and enjoy a delicious brunch buffet during a narrated tour aboard the Grand Belle of Geneva. We are sure you will have a memorable lunch in Lake Geneva!

<b>Age</b>	16+			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-200-31-1	SU	See Transportation	\$160	10/13
 <b>Transportation</b>	Denning: 7:30am-4pm SEASPAR: 8am-3:30pm			

 Participants must be able to stay quiet and seated to attend this event due to the narrated tour.

## MONSTER MASH DANCE

Trick or treat, here's something neat—we're having a dance party that can't be beat! Wear your best costume to this Halloween bash. Light refreshments will be provided.


<b>Age</b>	16+			
<b>Location</b>	Benet Academy, Lisle			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
5-200-32-1	F	6:30-8:30pm	\$25	10/18

 This event is included with Social Club East and West.

## KONOW'S FALL FEST

Enjoy a memorable afternoon at the farm with SEASPAR! Konow's amazing farm offers a corn maze, animal yard, fun rides, delicious food, and so much more! Admission and lunch are provided by SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-33-1	SA	See Transportation	\$125	10/19

 **Transportation** SEASPAR: 10:30am-5pm  
Denning: 11am-4:30pm


## BLUE MAN GROUP

It's Chicago's craziest and coolest show! Take a vibrantly tribal trip with three of the Windy City's boldest, baldest, and bluest guys. Rock, laugh, and party with your people at the Blue Man Group!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-34-1	SU	See Transportation	\$145	10/20

 **Wheelchair Accessible Code** 5-200-34-2

 **Transportation** SEASPAR: 10:15-5pm  
Denning: 10:45-4:30pm

 Please eat an early lunch prior to attending this event. You are more than welcome to bring a snack and drink to have on the bus. Participants must be able to remain seated during the show.

## TITANIC EXPERIENCE AT THE VOLO AUTO MUSEUM

Step into the world of the early 20th century, where world-class wealth and dreams of a better life collide on the decks of the world's most luxurious ocean liner. The museum showcases an unbelievable \$6 million collection of some of the rarest Titanic-era luxury automobiles in the world. Check out the Titanic Experience at the Volo Auto Museum! Lunch is provided by SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-35-1	SA	See Transportation	\$160	10/26

 **Transportation** SEASPAR: 9am-5pm  
Denning: 9:30am-4:30pm

## COOKING CLASS AT ROSEWOOD FARM

If you're craving a hands-on cooking adventure, this program is for you! Indulge in a beautiful farm experience with a private cooking class with your SEASPAR friends at Rosewood Farm in Sugar Grove. Step into a world where rustic meets refined. Come join us at the farm and enjoy making pizzas with your friends!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-36-1	SU	See Transportation	\$115	10/27

 **Transportation** Denning: 9:30am-2:30pm  
SEASPAR: 10am-2pm

## ADLER PLANETARIUM

Escape to the stars with SEASPAR to the Adler Planetarium in Chicago! Choose your space adventure and explore this awesome museum. At the Adler Planetarium, you'll find hands-on activities and explore mind-blowing facts about the universe. Roll up your sleeves and let curiosity be your guide. Lunch will be provided by SEASPAR.


Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-37-1	SA	See Transportation	\$140	11/2

 **Transportation** SEASPAR: 9am-4:30pm  
Denning: 9:30-4pm

## LUNCH AND MINI GOLF AT PUTTSHACK

Get your game face ready! We're bringing good vibes as we play Puttshack's tech-infused, indoor mini golf course at the one and only Oakbrook Center. All the winning is sure to work up an appetite so we will also enjoy lunch. Let's see that hole in one!



Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-38-1	SU	See Transportation	\$90	11/3


 **Transportation** SEASPAR: 9:30am-2:15pm  
Denning: 10am-1:45pm

## DISNEY'S FROZEN THE BROADWAY MUSICAL

Set in the magical kingdom of Arendelle, this story follows two royal sisters, Elsa and Anna, as they navigate love, loyalty, and Elsa's uncontrollable powers. The *Frozen* song repertoire is full of beloved hits like, "For the First Time in Forever," "Love Is an Open Door," and "Do You Want to Build a Snowman?" Come with SEASPAR as we enjoy a snowy Disney fairytale reimagined for the stage by Paramount Theatre.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-39-1	SA	See Transportation	\$85	11/9

 <b>Wheelchair Accessible Code</b>	5-200-39-2
 <b>Transportation</b>	Denning: 12:45-7pm SEASPAR: 1:15-6:30pm

 Please have lunch before attending this event. Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.

## SCENE75 ENTERTAINMENT CENTER

Scene75 in Romeoville is home to 14 outstanding attractions including a roller coaster, a drop tower, more than 150 state-of-the-art arcade games, the Backyard Eatery, and sweetshop. Play, have a blast, and repeat! Dinner and arcade games provided by SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-40-1	SU	See Transportation	\$95	11/10

 <b>Transportation</b>	SEASPAR: 3:30-8:15pm Denning 4-7:45pm
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## FOOTBALL CELEBRATION DANCE PARTY

Show off your Super Bowl Shuffle and dance the night away with your friends at this ultimate Football Celebration Dance Party! Wear your favorite football player's gear and get ready to hear the DJ spinning the latest tunes. Light refreshments are provided.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-41-1	F	6:30-8:30pm	\$25	11/15

 This event is included with Social Club East and West.


## DISNEY'S THE LITTLE MERMAID

Dive beneath the waves with Ariel, a young mermaid with a captivating voice and an insatiable curiosity, as she defies her father and makes a daring deal for the chance to live her dreams on land. With enchanting songs like "Under the Sea," "Part of Your World," and "Kiss the Girl," *The Little Mermaid* is a heartwarming tale of love, sacrifice, and discovering your true self at the Drury Lane Theatre in Oakbrook Terrace.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-42-1	SA	See Transportation	\$100	11/16

 <b>Wheelchair Accessible Code</b>	5-200-42-2
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 <b>Transportation</b>	SEASPAR: 1-7pm Denning: 1:30-6:30pm
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 Please have lunch before attending this event. Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.

## TURKEY BOWL

Let's see those strikes and spares, and maybe even a few turkeys! In this light-hearted bowling competition, everyone gets to take home a memento, and winners take home a turkey. Shoes, ramps, and bowling balls are available at the bowling alley, or you are welcome to bring your own. Lunch is provided by SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-43-01	SU	11am-1pm	\$65	11/17

## FRIENDSGIVING

As we gather to give thanks this year, we invite you to share in the holiday cheer. We will enjoy a delicious Thanksgiving dinner with dessert, and enjoy fun Thanksgiving games with our friends.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-44-1	SA	5-7pm	\$85	11/23

 <b>Transportation</b>	Denning: 4:15-7:45pm
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## THE LITTLE MERMAID THE MOVIE

Enjoy watching the newest version of *The Little Mermaid* with SEASPAR and friends! Ariel is a beautiful and spirited young mermaid with a thirst for adventure. She longs to find out more about the world beyond the sea and, while visiting the surface, falls for the dashing Prince Eric. While mermaids are forbidden to interact with humans, Ariel must follow her heart. Dinner is provided by SEASPAR.

Age	16+			
Location	Community Resource Center, Willowbrook			
Code	Day(s)	Time	\$	Date(s)
5-200-45-1	SU	4-6:45pm	\$65	11/24

 <b>Transportation</b>	SEASPAR: 3-7:45pm Denning: 3:30-7:15pm
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## ST. FRANCIS BOWLING DAY

Let's see those strikes and spares! Enjoy a leisurely game or two of bowling with your friends and students from St. Francis Xavier School in La Grange. This non-competitive program focuses on socialization and fun. Participants are grouped with sixth graders as students work to give back to the community. Shoes, ramps, and bowling balls are available at the bowling alley or you can bring your own. Don't miss out on the chance to get in some extra practice or just enjoy a game at your own pace!

Age	16+			
Location	Suburbanite Bowl, Westmont			
Code	Day(s)	Time	\$	Date(s)
5-200-46-1	F	10am-12pm	\$30	12/6




## A CHRISTMAS CAROL

Set in Victorian-era London, Charles Dickens' *A Christmas Carol* tells the classic tale of Ebenezer Scrooge and the ghosts that visit him one fateful Christmas Eve, hoping to change his miserly ways. Participants will enjoy brunch provided by SEASPAR at Drury Lane and a visit from Santa after the show.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-47-1	SA	See Transportation	\$110	12/7

 <b>Wheelchair Accessible Code</b>	5-200-47-2
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 <b>Transportation</b>	SEASPAR: 8am-1:45pm Denning: 8:30am-1:15pm
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 Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.

## ILLUMINATION TREE LIGHTS

See trees in a different light at Illumination Tree Lights at the Morton Arboretum. During Illumination, you'll journey along a one-mile paved walking path amid festive music and lighting effects that highlight the beauty of trees in the winter. Warm up by a crackling fire while hanging out with your friends. Dinner is provided by SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-48-1	SU	See Transportation	\$120	12/8

 <b>Transportation</b>	Denning: 4-9:30pm SEASPAR: 4:30-9pm
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 Please dress appropriately for the weather. Due to the nature of this event, participants must be able to stay with the group and tolerate a lot of walking.



## HOLIDAY DINNER DANCE

Celebrate in style and have a holly jolly good time dancing the night away with your SEASPAR friends! The evening starts with a delicious four-course meal. Don your festive holiday attire to start your holiday season off right.

Age	16+			
Location	Alpine Banquets, Darien			
Code	Day(s)	Time	\$	Date(s)
5-200-49-1	F	6-9pm	\$60	12/13


 This event is included with Social Club East and West. Participants must be able to remain seated during dinner.

## HOLIDAY SHOPPING

Selecting the perfect gift for that special someone can be a tricky task, but SEASPAR is here to help! Staff assist participants with shopping skills such as money transactions, asking for sales clerk assistance, and most important, how to find the desired item. Participants are encouraged to bring their shopping list and make purchases or just window shop with the group. Dinner is provided by SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-50-1	SA	See Transportation	\$65	12/14

 **Transportation** SEASPAR: 3-8:30pm  
Denning: 3:30-8pm


 Due to large crowds this time of year, please no drop-offs at the mall.

## HOLIDAY MAGIC AT THE ZOO

The zoo lights are bright every year during Holiday Magic at the Brookfield Zoo! Join SEASPAR to enjoy Chicagoland's longest-running lights festival featuring over two million twinkling LED lights. Get ready for bright lights, a magical night, and holiday cheer as we enjoy Brookfield Zoo. Dinner is provided by SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-200-51-1	SU	See Transportation	\$140	12/15

 **Transportation** SEASPAR: 3-9pm  
Denning: 3:30-8:30pm

 Please dress appropriately for the weather. Due to the nature of this event, participants must be able to stay with the group and tolerate a lot of walking.

## NEW YEAR'S BASH

The countdown is on to usher in the new year with style! It seems like just yesterday we rang in 2024. Let's send another great year on its way with a grand celebration. Party favors and pizza are provided by SEASPAR while you ring in the new year. Don't miss the last dance of 2024!

Age	16+			
Location	Downers Grove Recreation Center			
Code	Day(s)	Time	\$	Date(s)
5-200-52-1	TH	6-8:30pm	\$35	12/19





### SPARTANS POWERLIFTING PRE-SEASON



The disciplined and challenging sport of powerlifting helps athletes achieve their fitness goals. Weekly workout routines help participants learn proper deadlift and bench press technique, while improving their overall fitness level. This is the pre-season program before the competitive season!

Age	16+			
Location	Downers Grove Recreation Center			
Code	Day(s)	Time	\$	Date(s)
5-100-01-1	M	5-6:30pm	\$88	10/28-12/2

#### NEED HELP? LET US HELP.

For Recreation Coordinator Matt Gorecki, the high score is only the beginning! Everyday, Matt works to help SEASPAR athletes achieve new potential on and off the court.

Have questions about athletics programs offered by SEASPAR? Contact Matt!

**MATT GORECKI, CPRP**  
 mgorecki@seaspar.org • 630.960.7627




## SPARTANS BASKETBALL

Pass, dribble, and shoot! Spartans Basketball returns for another season of high-energy action, teamwork, and sportsmanship. This program will ready players for head-to-head games against other teams in and around our community. Athletes will compete in the Special Olympics Illinois Regional Basketball Tournament scheduled for January. A gold medal at the regional event will allow the team to go to the State Basketball Tournament in March.

**Age** 16+  
**Location** Woodridge ARC or Park District of La Grange

Code	Day(s)	Time	\$	Date(s)
5-100-02-1	TU	6:30-8pm	\$223	10/22-1/21

 **No program dates** 12/24, 12/31


 The Special Olympics Illinois Regional and State Competition events have been scheduled. Additional information will be sent regarding both dates.

## RHYTHMIC GYMNASTICS

Learn fun Special Olympics routines using balls, hoops, ribbons and ropes.

**Age** 16+  
**Location** Westmont Community Center

Code	Day(s)	Time	\$	Date(s)
5-100-04-1	W	5-6:15pm	\$190	10/9-12/11

 Athletes will compete in the Special Olympics Illinois Regional Gymnastics Meet in late February or early March. A gold medal at Regionals earns the athlete a spot at the Special Olympics Illinois Summer Games in 2025.



**MATT**


## SPARTANS BOWLING

Join SEASPAR's bowling team to train for competition! Coaches help you work on your form and techniques to improve your game. This session prepares those who qualified in July at the Special Olympics Regional Tournament for Sectional Bowling in October.

**Age** 8+  
**Location** Suburbanite Bowl, Westmont

Code	Day(s)	Time	\$	Date(s)
5-100-05-1	TH	5-6pm	\$160	9/26-12/5

 **No program dates** 11/28

 Bumpers are not allowed in Special Olympics bowling. The Special Olympics Illinois Sectional Bowling Tournament is on October 13. A gold medal is required from the Regional Bowling Tournament that took place on July 27 in order to participate. State Bowling is scheduled for December 7. A gold is required at Regionals and Sectionals bowling to attend State Bowling.

## SOCCER SKILLS I

Get your kicks with SEASPAR by joining our Soccer Skills program! This skill-building program will teach future soccer players the fundamentals needed for success. Lessons are designed to keep players engaged and provide countless opportunities to have fun!

Age	5-7			
Location	Woodridge ARC			
Code	Day(s)	Time	\$	Date(s)
5-100-06-1	TH	5-6pm	\$80	9/19-10/24

## SOCCER SKILLS II


We offer a Soccer Skills program that will give you the kick you need to succeed! During this skill-building program, future soccer players will learn the fundamentals that they will need to succeed on the field. There are countless opportunities to have fun and keep players engaged during lessons!


Age	8-16			
Location	Woodridge ARC			
Code	Day(s)	Time	\$	Date(s)
5-100-06-2	TH	6-7pm	\$80	9/19-10/24

## SEASPAR STEEL POWER SOCCER

The SEASPAR Steel Power Soccer Team is a non-conference group of players that practices, plays games against other teams, and learns some new skills along the way. The program is designed for individuals with physical disabilities.

Age	8+			
Location	Westmont Community Center			
Code	Day(s)	Time	\$	Date(s)
5-050-01-1	SA	8:30-10:30am	\$126	9/28-12/14

 **No program dates** 11/30


 Power wheelchairs are provided by SEASPAR.

## SPARTANS SWIM TEAM

The swimming program prepares advanced swimmers to compete in Special Olympics and invitational competitions. In order to participate in practice, athletes must meet the minimum skill requirements. The practice focuses on improving stroke mechanics and endurance. Athletes enrolled in this program will be eligible to participate in the SEASPAR Swim Meet on December 7 at the Lemont CORE!

Age	8+			
Location	The CORE, Lemont			
Code	Day(s)	Time	\$	Date(s)
5-100-07-1	SU	1-2pm	\$158	9/29-12/15

 **No program dates** 12/1

 Those on the swim team are not eligible to take swim lessons at SEASPAR. Swim meets span from December to March and the State Games are in June for those who receive a gold medal at the Special Olympics Illinois Regional Swim Meet which is typically held in mid-March.



# YOUR SUPPORT RAISES STARS!



Donate online at [SEASPAR.org/donations](https://SEASPAR.org/donations)  
or **scan** the code with your phone.

Become a supporter  
today by making a  
secure online donation.



Our organization accepts donations  
throughout the year, which can be used  
to support our programs. All donations  
are tax-deductible.



## COOKING WITH SEASPAR

This SEASPAR favorite is back with a twist! From the comfort of your own kitchen, learn how to make simple, healthy foods. Each week, we will learn about a different aspect of nutrition, and make a healthy snack or meal that goes along with it.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-700-02-1	M	5-5:45pm	\$45	9/23-12/9

## KARAOKE

Sing your heart out and have fun singing karaoke virtually with your friends! To create the playlist, we will ask you to send us your song requests at the beginning of the season.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-700-03-1	M	6:30-7:45pm	\$40	9/23-12/9

## FEAST WITH FRIENDS

Is there a better way to spend lunch than with SEASPAR? We will have great conversations, catch up with friends, and share our favorite lunches. Take part in the lunch party by making your lunch in advance. We can't wait to see you!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-700-04-1	TU	12-12:30pm	\$25	9/24-12/10

## GAME NIGHT

Let the games begin! Every week, we will play a different virtual game with our friends. We will also practice social skills, taking turns, and following rules as we play. This is a program you won't want to miss!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-700-05-1	TU	6:15-7:15pm	\$40	9/24-12/10

## MOVIE CLUB

Calling all movie lovers! We will watch a G, PG, or PG-13 movie every week. Bring your favorite movie snack and sit back, relax, and enjoy the show!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-700-06-1	W	1-3:15pm	\$40	9/25-12/11

## YOGA WITH JEN

This virtual class will be led by Jen, a yoga instructor who leads fun and challenging classes. Each class will focus on balance, strength, and flexibility. Your only requirement is a yoga mat or towel, and you!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-700-07-1	W	6-6:45pm	\$40	9/25-12/11

## WORK-IN WITH SEASPAR

Get a full-body workout through a combination of cardio and strength training! This program is excellent for burning fat, building muscle, and becoming more physically fit.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-700-08-1	TH	5-5:45pm	\$37	9/26-12/12

 **No program dates** 11/28

# VIRTUAL PROGRAMS



**CLAIRE**


**NEED HELP? LET US HELP.**

Have questions about virtual programs offered by SEASPAR? Contact Claire!

**CLAIRE McCARTHY, CTRS**  
 cmccarthy@seaspar.org • 630.960.7629

**BINGO** 

Play one of your favorite games virtually! Enjoy a night of bingo with your SEASPAR friends without leaving your house. We will send you the bingo cards so you can play from home.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
5-700-09-1	TH	6-6:45pm	\$37	9/26-12/12
 No program dates	11/28			





## EAGLES ADULT DAY PROGRAM

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities Enhance Adult Growth through Lifestyle Education and Service. This weekly program for adults ages 18–50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at four different sites throughout SEASPAR's communities: the Darien Sportsplex, Lemont Canal Center, Lisle Recreation Center, and Brookfield Municipal Building.

For more information, visit our website or contact Catherine Morava at 224.250.0528 or [cmorava@seaspar.org](mailto:cmorava@seaspar.org).

The EAGLES Adult Day Program continues to expand its participants' experience and find creative ways to make healthy choices. Our staff work to collaborate with local businesses, therapists, educators, university students, and other local day programs to offer new and exciting opportunities for the participants in the program. We are fortunate to have such a great team working the program.

Our dedicated team of professionals include:

**NICOLE CAUSEY**  
**EILEEN KASH**  
**ELISA KEEGAN**  
**BRIAN KLAMA**  
**JENNIFER MOLSKY**  
**DEBBIE MURDOCK**  
**KAY O'DONOGHUE**

**KRISTY PAULEY**  
**AUDREY PETERS**  
**CATHY PRATSCHER**  
**BECKY QUIRK**  
**DAN SKARNULIS**  
**NICOLE STRAWSER**

These incredible individuals are responsible for delivering dynamic recreation services to adults with disabilities and contribute to the progress of the EAGLES Adult Day Program, each and every day!

Additionally, we would like to thank all of the substitute staff members who make EAGLES possible throughout the year: Aaron Causey, Mary Godlewski, Amy Klam, Sharon Lyons, Samantha Oczak, Inge Papaeliou, and Dawn Pope.



## S.O.A.R. PROGRAM

S.O.A.R. stands for Specialized Outside Agency Recreation. S.O.A.R. is offered in cooperation with local schools and agencies whose population consists of at least 50% SEASPAR residents. The program was developed to provide students and adults with disabilities with an increased awareness of healthy and beneficial recreation and leisure exploration activities.

SEASPAR staff work with the school/agency to plan appropriate activities with the goal that the participants will develop recreation interests in their community. SEASPAR residency includes anyone who resides in the park districts of Clarendon Hills, Darien, Downers Grove, La Grange, La Grange Park, Lemont, Lisle, Westmont, or Woodridge, or the villages of Brookfield, Indian Head Park, Western Springs or Willowbrook. Please note that in-district residency is not based on the location of the agency; an agency qualifies if 50% or more of its students/participants reside within SEASPAR's member communities.

A wide variety of activities can be planned. Although there are many similarities between S.O.A.R. programs, no two programs are alike.

Scan the code to make a S.O.A.R. request online.





## SPECIAL PROGRAMS




# Inclusion

## INCLUSION

As part of SEASPAR's continuum of recreation programs, inclusion services are provided for residents who wish to participate in one of SEASPAR's member entities' programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow program's policies and abide by the program's Code of Conduct, either with or without accommodations, and be willing to voluntarily participate in scheduled activities. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations.

 **For more information about inclusion services, visit our website or contact Bethany Pastrana at 630.960.7609 or [bpastrana@seaspar.org](mailto:bpastrana@seaspar.org).**

## AKTION CLUB

Through the joint sponsorship of the Woodridge Kiwanis Club and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. They also performs several service projects annually and competes in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support.

 **For more information about Aktion Club, contact Bethany Pastrana at 630.960.7609 or [bpastrana@seaspar.org](mailto:bpastrana@seaspar.org).**

## ABSENCES

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and ensures that no tickets are wasted. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

## ADA STATEMENT

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs.

To request this program guide in an alternative format, please contact Morgan Mason at [mmason@seaspar.org](mailto:mmason@seaspar.org).


## ATLANTOAXIAL INSTABILITY

Individuals with Down syndrome are at risk of having Atlantoaxial Instability (AAI) which causes decreased stability in the bones of the upper spine. For the safety of our participants, individuals with Down syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for AAI. For more information, contact SEASPAR at 630.960.7600.

## CHECK IN

**Virtual Programming:** Participants should sign into virtual programming in a timely manner. When signing in, participants will be placed on hold until the program's scheduled start time.

**In-Person Programming:** When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child.

 SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

## CODE OF CONDUCT

Participants, staff, volunteers, and parents are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make SEASPAR's programs safe and enjoyable for everyone. Additional rules may be developed for particular programs and events as deemed necessary by the staff.

### CODE OF CONDUCT: IN-PERSON PROGRAMS

- Show respect to all participants, staff and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and those at public facilities to enjoy the activity without disruption.
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

### CODE OF CONDUCT: VIRTUAL PROGRAMS

- Refrain from sharing program information (Zoom meeting code and password) with others. Virtual registrations are not exchangeable.
- Avoid joining programs in which you are not enrolled
- Select a quiet space for your program. Reduce background noise as much as possible.
- Ensure that you have an appropriate background for the group to see.
- Change your name in Zoom to the participant's first name and last initial.
- Follow staff's instructions for taking turns and muting.
- Treat others with respect when speaking and using the chat function. The chat function may be disabled by staff if it is not used appropriately. Participants may be muted or removed from the program if their behavior is disruptive.

## DISCIPLINE

SEASPAR applies a caring, positive approach to discipline. When Code of Conduct expectations are not met, staff will attempt reasonable accommodations to minimize future risks and help the participant to meet behavior expectations. However, when accommodations are attempted and are unsuccessful, or when unsafe or otherwise inappropriate behavior occurs, SEASPAR reserves the right to dismiss a participant whose behavior continues to be unsafe or otherwise inappropriate or whose behavior endangers the safety of him/herself or others.

## EMERGENCY FORM (EPACT)

SEASPAR has partnered with ePACT for the completion of each participant's Emergency Form (previously referred to as the Annual Information Form). The Emergency Form is completed once, then updated by the parent/guardian as changes occur or is reconfirmed annually. Once a participant expresses interest in registering for SEASPAR programs, the parent/guardian is sent an email from ePACT and completes the Emergency Form online. Completion of the Emergency Form is required in order to register for programs.

## LATE REGISTRATION


The registration deadline is **Monday, August 19** at 4:30 pm. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waitlist. Participants may not be added to a program with less than 48 hours notice.

## LOSS OR THEFT

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

## MEDICATION DISPENSATION

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in SEASPAR provided envelopes, complete the label, and give it to the program supervisor. For the convenience of those who are involved in many programs, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

 Any medication changes made must be updated by the parent/guardian in the participant's ePACT Emergency Form.

## NON-RESIDENT FEE POLICY

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 resident fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.

## PARTICIPANT EXPECTATIONS

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and socialization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have a question about attire, call us at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

## PARTICIPATION

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

## PARTICIPANT SUPERVISION

If a participant has not been picked up at the scheduled program end time, the parent/guardian/group home staff will be contacted. After a fifteen-minute wait period, emergency contacts will be called. After one warning, a \$10 fee will be applied for every fifteen minutes that a participant is picked up late or the SEASPAR vehicle is delayed. In extreme cases when a participant must be transported home by SEASPAR, a \$20 fee will be charged to the participant's account in each instance. A notice will be sent to the parent/guardian indicating the fee being charged to the account.

## PHOTOGRAPH/VIDEO/NAME USAGE POLICY

By registering yourself or your child/ward in a SEASPAR program or event, you consent that SEASPAR has the right to photograph or film you or your child/ward and use the photos/videos for any purpose in any medium of communication, without compensation. Full names of participants may also be published, especially if they participate in athletics or performing arts programming. If there is a specific reason you or your child/ward cannot be photographed or named, please call us at 630.960.7600.

## PROGRAM CANCELLATIONS

- A program may be cancelled if the program minimum enrollment is not met.
- Programs may be cancelled due to inclement weather or other emergencies. SEASPAR will either reschedule the program or issue a prorated credit to the participant's account.
- Staff will attempt to reach all participants to inform them of any cancellation or change in programming.
- If a participant cannot attend a program, they cannot send a substitute in their place.

## SEASPAR/WDSRA AGREEMENT

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips, day camp transportation, and the EAGLES Adult Day Program are not included. Registrations must be submitted by the agency's deadline and are processed after those of the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WSDRA.com.

## VIRTUAL PROGRAMMING ACCESS AND PASSWORDS

You will receive an email before programs begin with links and passwords for your programs. These are exclusive to you and cannot be shared. Please retain this email as it will only be sent once. If you do misplace your link or password, please call us at 630.960.7600 or email [adminstaff@seaspar.org](mailto:adminstaff@seaspar.org). Participants who cannot be identified and/or whose enrollment status cannot be confirmed may be removed from a virtual program.

## WELLNESS GUIDELINES

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is required that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100.4° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackievirus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed. In cases of COVID-19, participants may return to programs after quarantine or isolation, based on the current CDC, State, and local guidelines.

For everyone's safety, if a participant is exhibiting symptoms of illness during a program, they will be removed from the group and an approved adult will be required to pick them up.

## WEATHER/EMERGENCY CANCELLATIONS



Weekly programs and special events may be cancelled due to inclement weather or other unforeseen circumstances. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 3:30-4:30pm for evening programs. If a program is cancelled or an outdoor program is moved indoors, staff attempt to reach all participants to inform them of the change. After hours, program changes are available on the Program Hotline at 630.960.7582. Programs cancelled due to inclement weather or other emergency may be rescheduled; otherwise, a refund will be issued in the form of a credit on the participant's account.

## SEVERE FALL WEATHER GUIDELINES FOR CANCELLING PROGRAMS

Outdoor Programs or Programs with Transportation for Participants with Physical Disabilities

Temperatures of Zero or Wind Chill of -10° or Less

All Other Programs with Transportation

Temperature of -10° or Wind Chill of -20° or Less

All programs (including indoor) are cancelled during snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

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**LOVE**  
YOU BACK

Participant's Name \_\_\_\_\_ Birth Date \_\_\_\_\_

 Please print your program selection(s) in the table below. Attach additional sheets if necessary. 

PROGRAM NAME	PROGRAM NUMBER									TIME SELECTION (If Applicable)	TRANSPORTATION (If Applicable)	FEE	
Example: <i>Karate</i>	5	-	0	0	0	-	0	3	-	1			\$ <i>67</i>
	-					-						\$	
	-					-						\$	
	-					-						\$	
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	-					-						\$	
	-					-						\$	
Would you like to include a donation to SEASPAR? If so, please indicate the amount to the right. <b>Thank you!</b>												\$	
<b>TOTAL FEES</b>												\$	

 Full payment must be received with the registration unless other arrangements have been made. 

Payment may be made by check, money order, cash, or credit card.

Payment Type:     Check             Cash             Money Order     Credit Card  
 Credit Card:     MasterCard     Visa             Discover         American Express

Cardholder Name \_\_\_\_\_  
 Account Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVC \_\_\_\_\_  
 Authorized Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

**Please complete both sides of this registration form.** Submit form and payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

 The registration deadline is **Monday, August 19 at 4:30pm.**

OFFICE USE ONLY			
Date Rec'd		Cash Amt	
Rec'd By		Check Amt	
FAP		Check #	

Participant's Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Has any of your information changed since you completed your Emergency Form?  Yes  No

If so, please log into your ePACT account to make updates.

**WAIVER AND RELEASE**

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

**WARNING OF RISK**

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

In virtual program activities, you need to have adequate space to follow the activity instructions and to move safely without exposure to any obstacles, obstructions, steps or anything that could cause possible trips or falls. As a participant, you are solely responsible for assessing whether you can participate safely in the activity in the space you have chosen without accidents.

**WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK**

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have been made aware of the inherent dangers and risks of virtual program activities, and I can participate safely in the space I have chosen.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online acceptance or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant Signature (if 18 or older) \_\_\_\_\_ Date \_\_\_\_\_

**PARTICIPATION WILL BE DENIED** if the waiver is not signed and dated by parent/guardian.**PARTICIPATION WILL BE DENIED** if an up-to-date Emergency Form is not on file.



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SEASPAR's annual showcase of participants with disabilities' talents in performing arts such as song, music, dance, and more!

This year's showcase of talent will be hosted live and in-person at the Lemont High School Performing Arts Center on December 11.

The public is encouraged to attend this event.



# Tuesday, December 17

## 7PM

### Casting Call!

If you are interested in performing in this year's Holiday Spectacular, please contact Kim Huggins by Monday, November 11.  
 Call 630.960.7600 or email [khuggins@seaspar.org](mailto:khuggins@seaspar.org).

#HolidaySpectacular2024



4500 Belmont Road  
Downers Grove, IL 60515

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DOWNERS GROVE PARK DISTRICT

VILLAGE OF INDIAN HEAD PARK

PARK DISTRICT OF LA GRANGE

COMMUNITY PARK DISTRICT OF  
LA GRANGE PARK

LEMONT PARK DISTRICT

LISLE PARK DISTRICT

VILLAGE OF WESTERN SPRINGS

WESTMONT PARK DISTRICT

VILLAGE OF WILLOWBROOK

WOODRIDGE PARK DISTRICT



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